

# Memorable Experiences

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ECOTURISM



ADVENTURE



GASTRONOMY  
MIXOLOGY



CULTURAL



HUNTING AND  
FISHING



SUN AND BEACH



RURAL TOURISM



HEALTH AND  
WELLNESS



TOURS AND  
EXCURSIONS



# ECOTURISM





From Cocoa to Chocolate Route



# CROSSING BETWEEN MANGROVES

## Coast

Discover the natural wonders of the Mecoacán Lagoon in an unforgettable kayak tour, where we will go through the mangrove channels, the oyster hatcheries, bird watching in their natural state, get to know the different types of mangroves, their fauna and the importance of this ecosystem in the world.



**Place:** Chiltepec, Paraíso.



**Activities:** Kayak, flora and fauna watching.



**Includes:** NOM 09 certified guide / Kayak / Vests / Whistles / Cell phone case / First aid kit / Bird guide / Auxiliary guide / Activity insurance / Food



**Restrictions / Specifications / limitations:** Not to be in inconvenient state, high-risk pregnant women or diabetics

**Operated by** Kayak del Sur  
Jairo Samuel Segura  
+52 933 135 9668  
Facebook: Kayak del Sur.

From  
**\$360 MXN**  
PER PERSONS

Duration  
**2 hours**






From Cocoa to Chocolate Route 

# BOARDWALK ROUTE


## Coast

Explore the González River through the coastal boardwalk, in the restaurant area from Chiltepec. Let yourself be carried away by the voice of our guides and while you navigate in kayak and observe the flora and fauna, get to know this fantastic place.

 **Place:** Chiltepec, Paraíso.

 **Activities:** Kayak, flora and fauna watching, observation of ecosystems.

 **Includes:** NOM 09 certified guide / Kayak / Vests / Whistles / Cell phone case / First aid kit / Bird guide / Auxiliary guide / Activity insurance / Food.

 **Restrictions / Specifications / limitations:** Not to be in inconvenient state, high-risk pregnant women or diabetics.

**Operated by** Kayak del Sur  
Jairo Samuel Segura  
+52 933 135 9668  
Facebook: Kayak del Sur.



From  
**\$320 MXN**  
PER PERSON



Duration  
**1:30 hours**



# SIGHTING OF MANATEES AND MIGRATORY BIRDS

## JONUTEEK

Live a unique experience in Mexico; live with manatees in their natural habitat and in complete freedom. Meet Jonuteek, a community development sustainable and protection and preservation of manatees. Live this experience in the town of Los Pájaros, in Jonuta.

 **Place:** Los Pájaros, Jonuta

 **Activities:** Flora and fauna sighting, traditional food tasting, recreational activities, spa in river

 **Includes:** Entrance / Parking / Portion of grass or fruit for feed the manatees

 **Restrictions / Specifications / limitations:** Activity available from 15 from March to June 15

River route



**Operated by** Jonuteek Tours  
Juan Carlos Peralta  
+52 322 148 2412  
Facebook: Jonuteek Manaties



From  
**\$120 MXN**  
PER PERSON

Duration  
**n/a**



Olmeca-Zoque Route



# FOGGY FOREST BIRDS

## JUNGLE WATER

**Operated by** El Clarín Viajes de Aventura  
Eliseo Cruz Rosas  
+52 933 207 9299  
Facebook: El clarin viajes de aventura

Delve into nature and be amazed on this tour of the trails of the Villa Guadalupe ecosystem, at altitudes of more than 500 meters above sea level. Admire the species such as the violaceous coa, collar coa, motmot black crown and the purple hummingbird among other wonderful species.



**Place:** Villa de Guadalupe, Huimanguillo.



**Activities:** Bird watching and hiking.



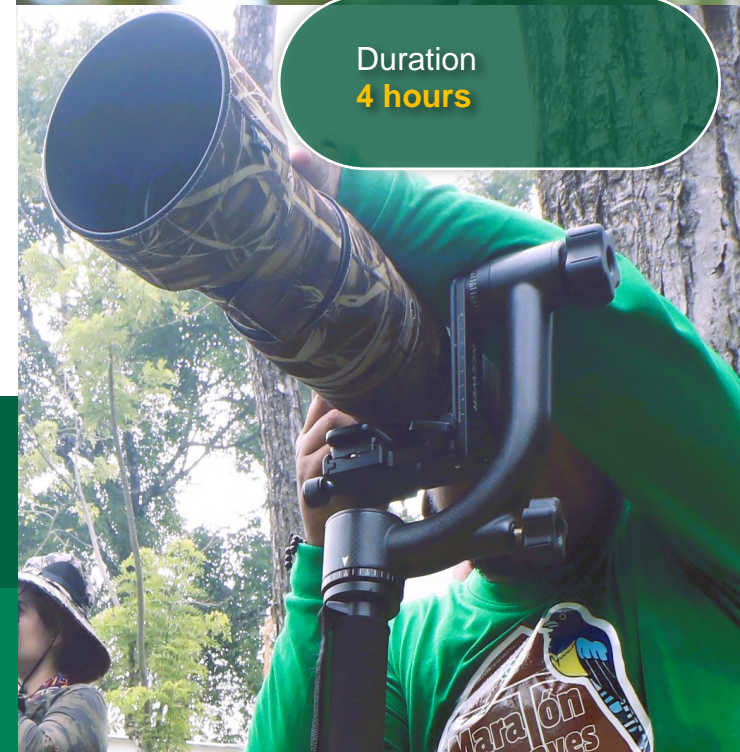
**Include:** Transportation / NOM 09 certified guide / Paramedic / Local guide / Insurance / Community payments / Radio and communication equipment / Photography / video.



**Restrictions / Specifications / limitations:** Good physical condition / sighting equipment



From  
**\$500 MXN**  
PER PERSON



Duration  
**4 hours**



From Cocoa to Chocolate Route



# CHILTEPEC KAYAK TOUR

## Coast

**Operated by** Kayak del Sur  
Jairo Samuel Segura  
+52 933 135 9668  
Facebook: Kayak del Sur.

From  
**\$450 MXN**  
PER PERSON

Duration  
**4 hours**

Explore the El Estero lagoon on a Mayan journey, discover the importance of this majestic aquatic ecosystem with beautiful mangrove; when touring the González river, you will observe the flora and fauna such as the manatee in freedom and you will be able to enjoy the beautiful view of the port of Chiltepec to conclude the tour with a delicious meal based on fish and shellfish.



**Place:** Chiltepec, Paraíso.



**Activities:** Kayak, sighting of flora and fauna, observation of ecosystems, aquatic activity, gastronomy.



**Includes:** NOM 09 certified guide / Kayak / Vests / Whistles / Cell phone case / First aid kit / Bird guide / Auxiliary guide / Activity insurance / Food



**Restrictions / Specifications / limitations:** Not to be in inconvenient state, high-risk pregnant women or diabetics





# KAYAKING IN COCALITOS

## Coast

From Cocoa to Chocolate Route 

**Operated by** Kayak del Sur  
Jairo Samuel Segura  
+52 933 135 9668  
Facebook: Kayak del Sur.

Feel free while kayaking along the Seco River until you reach a tropical paradise surrounded by coconut trees where you will spend a unique stay in front of the sea and you will eat on one of the most beautiful beaches on the coast.



**Place:** El Bellote, Paraíso.



**Activities:** Guided kayak tours on the Seco River; sighting of Flora and fauna; observation of ecosystems; recreational stay on the beach.



**Includes:** Certified guide NOM 09 / Kayak / Vests / Whistles / Cover for cell phone / First aid kit / Bird guide / Auxiliary guide / Transportation in boat to the island / Food / Activity insurance / Food.



**Restrictions / Specifications / limitations:** Not being in state inconvenient, not suitable for pregnant women and diabetics / See your doctor before doing the activity / Bring sunscreen.

From  
**\$550 MXN**  
POR PERSONA

Duration  
**n/a**





Adventure in the mountains Route



# CONNECTION, WATER AND LAND TOUR

## Puyacatengo

**Operated by** La Tiendita VNV  
Francisco Magaña  
+52 993 167 4578  
Facebook: La tiendita VNV.

Get in touch with nature using all your senses and harmonize with the elements of water, air and earth in this magical experience. Delete the stress and take this tour at the El Rosario farm.



**Place:** La Tiendita VNV, Teapa.



**Activities:** Camp; Observation of flora and fauna; kayaking; wellness, yoga sessions; interpretive hiking; recreational stay on the river Puyacatengo, sidereal observation..



**Includes:** Leader guide / Any breakfast from the menu.



**Restrictions / Specifications / limitations:** Not suitable for people in drunk, under the influence of drugs or with mental problems / Wear comfortable clothing, repellent and sun protection

From  
**\$500 MXN**  
PER PERSON

Duration  
**3 hours**





# BAT SANCTUARY

## De la Sierra State Park


Adventure in the mountains Route 


**Operated by** Eco Aventura-T  
Williams Méndez  
+52 932 102 6153  
Facebook: Tapijulapa Eco Aventura-T

Live a fantastic ecotourism experience in Tapijulapa. The adventure starts at sunset where you will visit the cave of the blind sardines and for then discover the cave of the bat. Admire these flying mammals in their habitat and end your tour by night hiking through the jungle of Villa Luz until arriving at the Tomás Garrido Carnival House Museum.

 **Place:** Villa Luz, Tacotalpa.

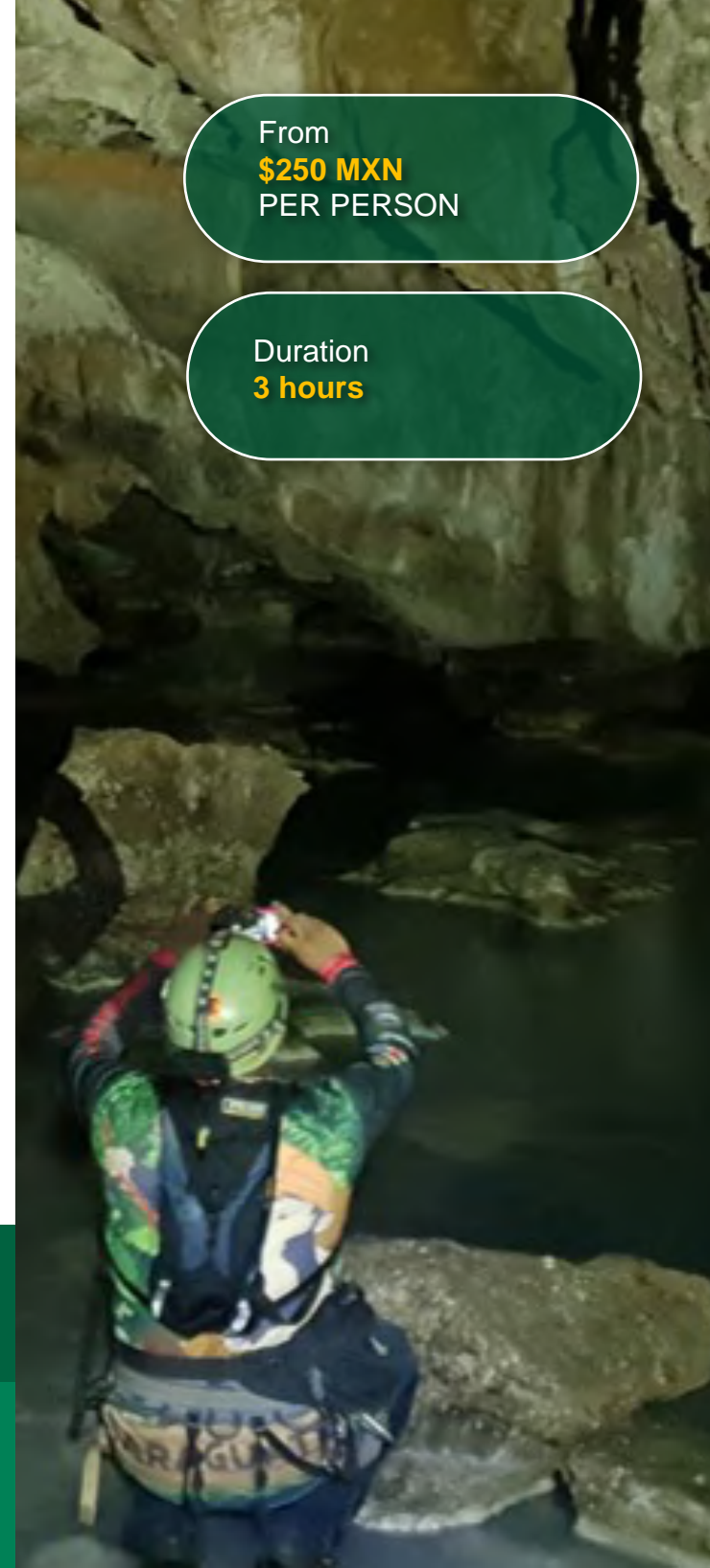
 **Activities:** Night hiking, fauna and flora observation.

 **Includes:** Certified guide / Access to the ANP

 **Restrictions / Specifications / limitations:** Not suitable for people in drunk, under the influence of drugs or with mental problems / Wear comfortable and repellent clothing

From  
**\$250 MXN**  
PER PERSON

Duration  
**3 hours**





# ADVENTURE





# ASCENT TO LA PAVA HILL

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## JUNGLE WATER

Interpretive hiking in the AguaSelva natural area, in a part of the mountain area of Tabasco; during the ascent to the hill & quot; La Pava&quot;, observe and enjoy the flora and fauna in the only cloud forest in the state until you arrive to the top that gives you one of the most spectacular views and instagrammable that will make this a memorable experience.



**Place:** Villa de Guadalupe, Huimanguillo.



**Activities:** Hiking, flora and fauna sighting.



**Includes:** Transportation / NOM 09 certified guide / Paramedic / Guide local / Insurance / Community payments / Radio and communication equipment / Photography and video.



**Restrictions/Specifications/limitations:** Uncontrolled hypertensives/ Recent operations / Knee and ankle problems / Allergies, asthmatics and diabetics should bring medication

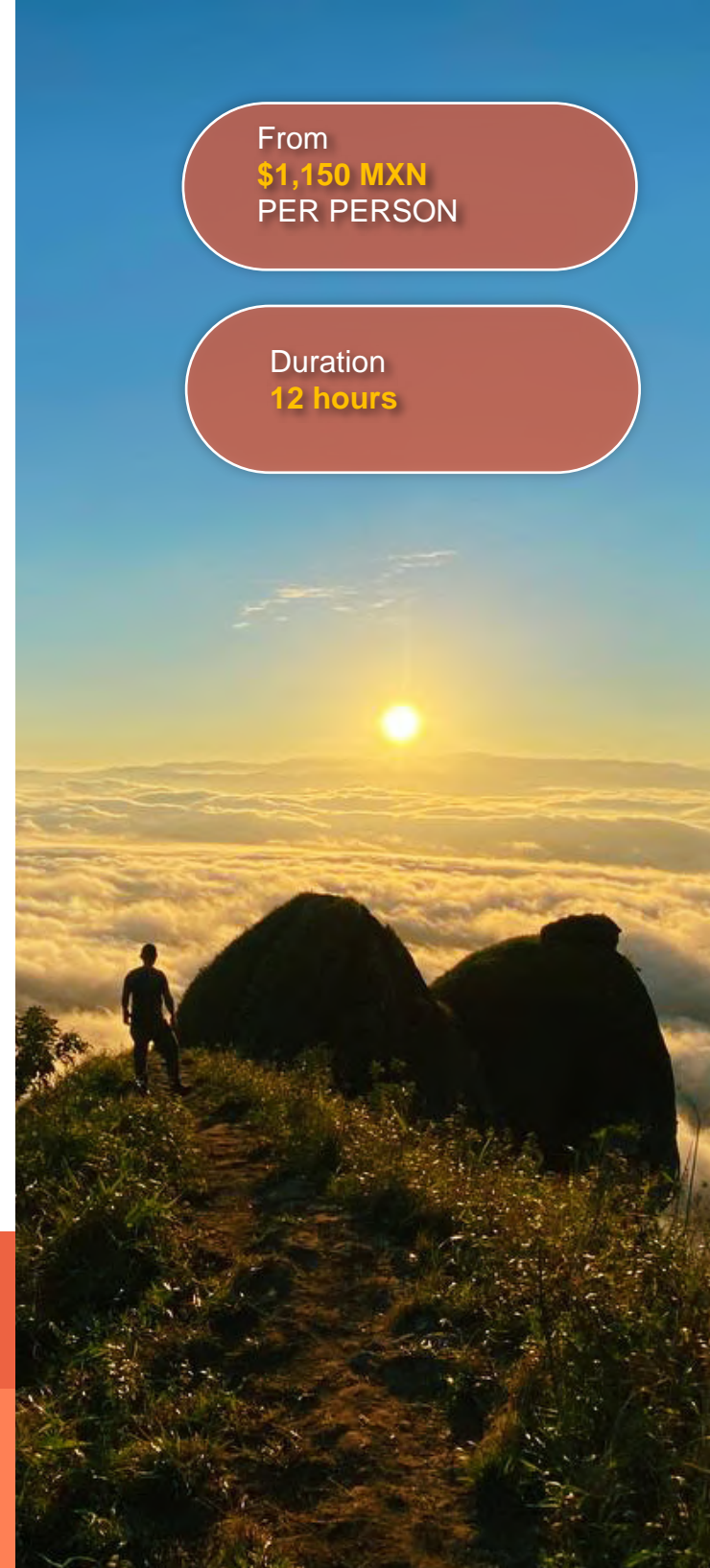
Olmeca- Zoque Route



**Operated by** Travel Care  
.Jorge Lorenzo Barragán Lanz  
+52 993 131 0132  
Facebook: Travel Care Tabasco

From  
**\$1,150 MXN**  
PER PERSON

Duration  
**12 hours**





Olmeca- Zoque Route



# ASCENT TO LA PAVA HILL EXPERIENCE

## JUNGLE WATER

**Operated by** Xperiencia Desafío  
Alejandro Moreno  
+52 933 106 9545  
Facebook: Xperiencias desafio.

Venture into this hiking experience more than 880 meters above the sea level, covers 11 km of the Tabasco jungle, crosses the forest of mist and conquer the top where you will witness an impressive landscape that will remain in your memory.



**Place:** Villa de Guadalupe, Huimanguillo.



**Activities:** Hiking, flora and fauna observation.



**Includes:** Round transportation / Paramedic / Trekking poles / Leader guide / Local hosts / Travel and activity insurance / Entrance fee to the natural area / Photographs



**Restrictions/Specifications/limiting:** Uncontrolled hypertensives, recent operations, knee and ankle problems, not allergic to environment / Asthmatics and diabetics should bring medication



From  
**\$1,350 MXN**  
PER PERSON

Duration  
**12 horas**



River Route



# ADVENTURE IN THE CANYON OF THE USUMACINTA

## ANP Usumacinta Canyon

**Operated by** Agencia de Viajes RT Díaz  
+52 993 279 1783  
Facebook: RT Agencia de Viajes Diaz

The Mayan Rivers are the natural setting for this experience where you will live an exciting interpretive journey through the Usumacinta Canyon (ANP); practice floating in a spring of crystalline water. Feel the adrenaline in Boca del Cerro Bridge doing bungee jumping over the mightiest river in Mexico.



**Place:** Boca del Cerro, Tenosique.



**Activities:** Bungee jumping; spring flotation; interpretive hiking; Observation of flora and fauna.



**Includes:** Transportation / Certified leader guide NOM-09-TUR-2002 / Protective equipment for activities / Medical insurance / Access to ANP



**Restrictions/Specifications/limitations:** Stay hydrated / Use comfortable clothes and shoes / Repellent and sunscreen / Bring money in cash / Protection against water for the phone / Change of clothes.

From  
**\$1,300 MXN**  
PER PERSON

Duration  
**12 hours**





# ADVENTURE IN THE CANYON OF THE USUMACINTA

## Usumacinta Canyon

Adventure and excitement in this experience in the majestic Canyon of the Usumacinta with activities such as bungee jumping, rappelling, interpretive journey, floating and bat watching.



**Place:** Boca del Cerro, Tenosique.



**Activities:** Bungee jumping or rappelling; interpretive tour; floatation; bat watching.



**Includes:** Boat / Individual Protection Equipment / Leader guide certified NOM-09-TUR-2002 and Rescue Technician in Rapid Waters / RESCUE 3 INTERNATIONAL / Auxiliary guide / ANP bracelet / Insurance for activity



**Restrictions/Specifications/limitations:** For people over 8 years old / Minimum weight of 35 kg and maximum of 120 kg / Activity not suitable for people with heart problems, pregnant women, recently operated on or with knee, back or hip problems / Do not enter under the influence of alcohol or drugs

River Route



**Operated by** Wayak Xuul  
Ángel Zubieta  
+52 934 129 0788  
Facebook: Wayak Xuul.



From  
**\$800 MXN**  
POR PERSONA



Duration  
**6 hours**



# BUNGE JUMPING IN BOCA DEL CERRO

## ANP Usumacinta Canyon

Unique extreme activity in the entire state of Tabasco; swing at 35-40 meters high from the Majestic bridge of Boca del Cerro. The experience is carried out by a system designed by the Wayak Xuul staff to provide safety and comfort, where at the end of the pendulum you will descend to a boat to end the activity at the viewpoint of San Carlos.



**Place:** Boca del Cerro, Tenosique.



**Activities:** Bungee jumping.



**Includes:** Boat / Individual Protection Equipment / Leader guide certified NOM-09-TUR-2002 and Rescue Technician in Fast Waters RESCUE 3 INTERNATIONAL / Auxiliary guide / ANP bracelet / Insurance for activity



**Restrictions / Specifications / limitations:** Activity not suitable for people with heart problems, pregnant women, recently operated on or with knee, back or hip problems, / Do not enter under the influence of alcohol or drugs / Minimum weight of 35 kg and maximum of 120 kg.

River Route



**Operated by** Wayak Xuul  
Ángel Zubieta  
+52 934 129 0788  
Facebook: Wayak Xuul.



From  
**\$600 MXN**  
PER PERSON

Duration  
**30 minutes**



# ABSEILING IN BOCA DEL CERRO

## Usumacinta Canyon

Experience an exhilarating 35-meter self-controlled free rope descent 40 meters from the iconic Boca del Cerro Bridge, to appreciate a majestic view of the Usumacinta Canyon until reaching the mirror of water of the river, where a boat will receive you to later transfer you to the viewpoint of San Carlos.



**Place:** Boca del Cerro, Tenosique.



**Activities:** Rappel.



**Includes:** Boat / Individual Protection Equipment / Leader guidecertified NOM-09-TUR-2002 and Rescue Technician in Fast WatersRESCUE 3 INTERNATIONAL / Auxiliary guide / ANP bracelet / Insurance for activity



**Restrictions / Specifications / limitations:** Activity not suitable for people with heart problems, pregnant women, recently operated on or with knee, back or hip problems / Do not enter under the influence of alcohol or drugs / Minimum weight of 35 kg and maximum of 120 kg.

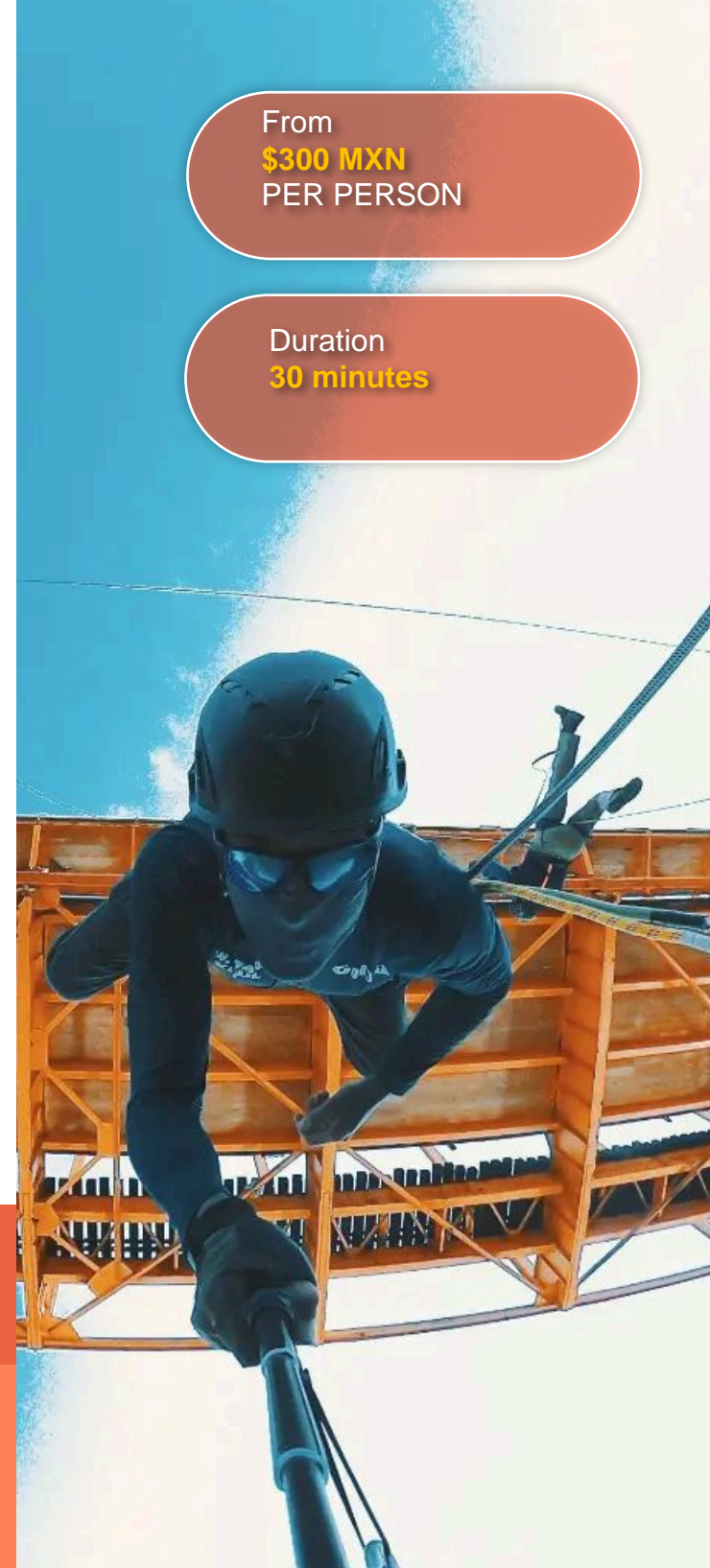
River Route



**Operated by** Wayak Xuul  
Ángel Zubieta  
+52 934 129 0788  
Facebook: Wayak Xuul.

From  
**\$300 MXN**  
PER PERSON

Duration  
**30 minutes**





River Route



# FLOATING

## Usumacinta Canyon

Interpretive journey of 4 km through the Usumacinta Canyon until reaching the Santa Margarita natural spa. With the help of life jackets we will be able to navigate, doing river floating, on the current of a channel of 100% natural crystalline water overcoming the challenges that nature gives us present.

**Operated by** Wayak Xuul  
Ángel Zubieta  
+52 934 129 0788  
Facebook: Wayak Xuul.



**Place:** Cañón del Usumacinta, Tenosique.



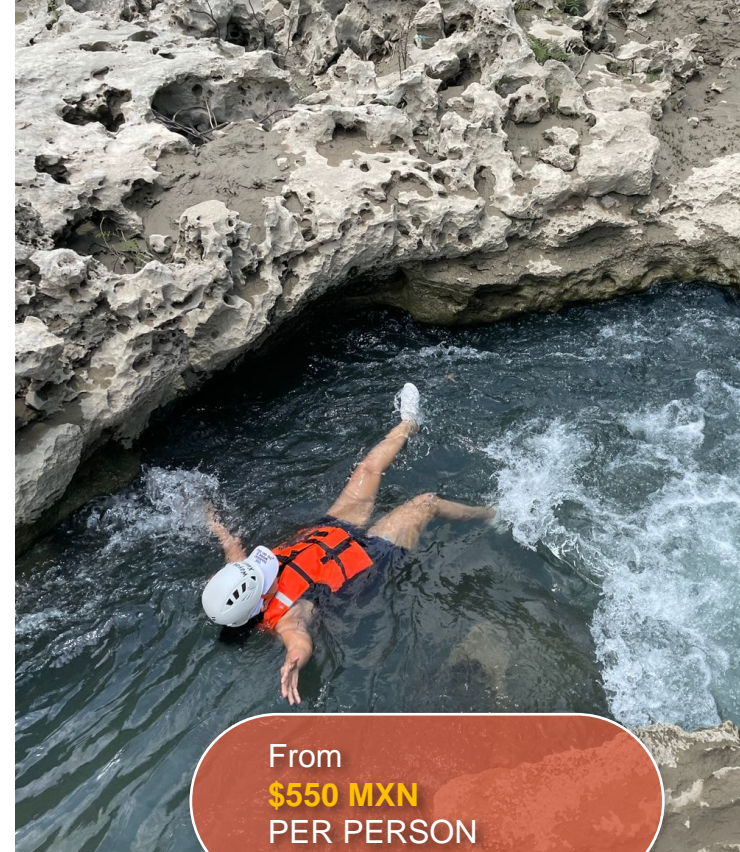
**Activities:** Interpretive journey, environmental, cultural and historical, floating and water activities..



**Includes:** Boat / Individual Protection Equipment / Leader guide certified NOM-09-TUR-2002 and Rescue Technician in Fast Waters RESCUE 3 INTERNATIONAL / Auxiliary guide / ANP bracelet / Insurance for activity



**Restrictions / Specifications / limitations:** For ages 8 and up /Activity not suitable for people with heart problems, pregnant women, recently operated on or with knee, back or hip problems / No enter under the influence of alcohol or drugs



From  
**\$550 MXN**  
PER PERSON



Duration  
**3 hours**



# OBSERVATION OF BATS

## ANP Usumacinta Canyon

Discover everything that Tabasco offers you on this boat trip from the Mirador de San Carlos to El Tigre cave, where you will explore the sanctuary of the fruit bat. In this adventure you will be able to discover the natural habitat of this incredible mammal, as well as the geological importance of the cave.



**Place:** Cañón del Usumacinta, Tenosique.



**Activities:** Interpretive environmental, cultural and historical journey within from a cave.



**Includes:** Boat / Individual Protection Equipment / Leader guide certified NOM-09-TUR-2002 and Rescue Technician in Fast Waters RESCUE 3 INTERNATIONAL / Auxiliary guide / ANP bracelet / Insurance for activity



**Restrictions / Specifications / limitations:** For over 8 years / Activity not suitable for people with heart problems, claustrophobic, pregnant, recently operated or with problems in the knees, back or hip / Do not enter under the influence of alcohol or drugs.

River Route



**Operated by** Wayak Xuul  
Ángel Zubieta  
+52 934 129 0788  
Facebook: Wayak Xuul.

From  
**\$350 MXN**  
PER PERSON

Duration  
**2 Hours**





# TA

## Usumacinta Canyon

Admire the characteristic flora and fauna of the Mayan Rivers in the natural area protected from the Usumacinta Canyon. In this experience you will interpretive hiking where you can see different endemic birds. Rappel 40 meters and enjoy a spectacular view of the Sierra Madre del Sur, natural border with Guatemala..



**Place:** Frontera de Tenosique con Guatemala.



**Activities:** Hiking; environmental, cultural and historical interpretation; 40 meter rappel.



**Includes:** Transportation from Villahermosa / Guides / Equipment / Tickets / Photos / Video / Insurance

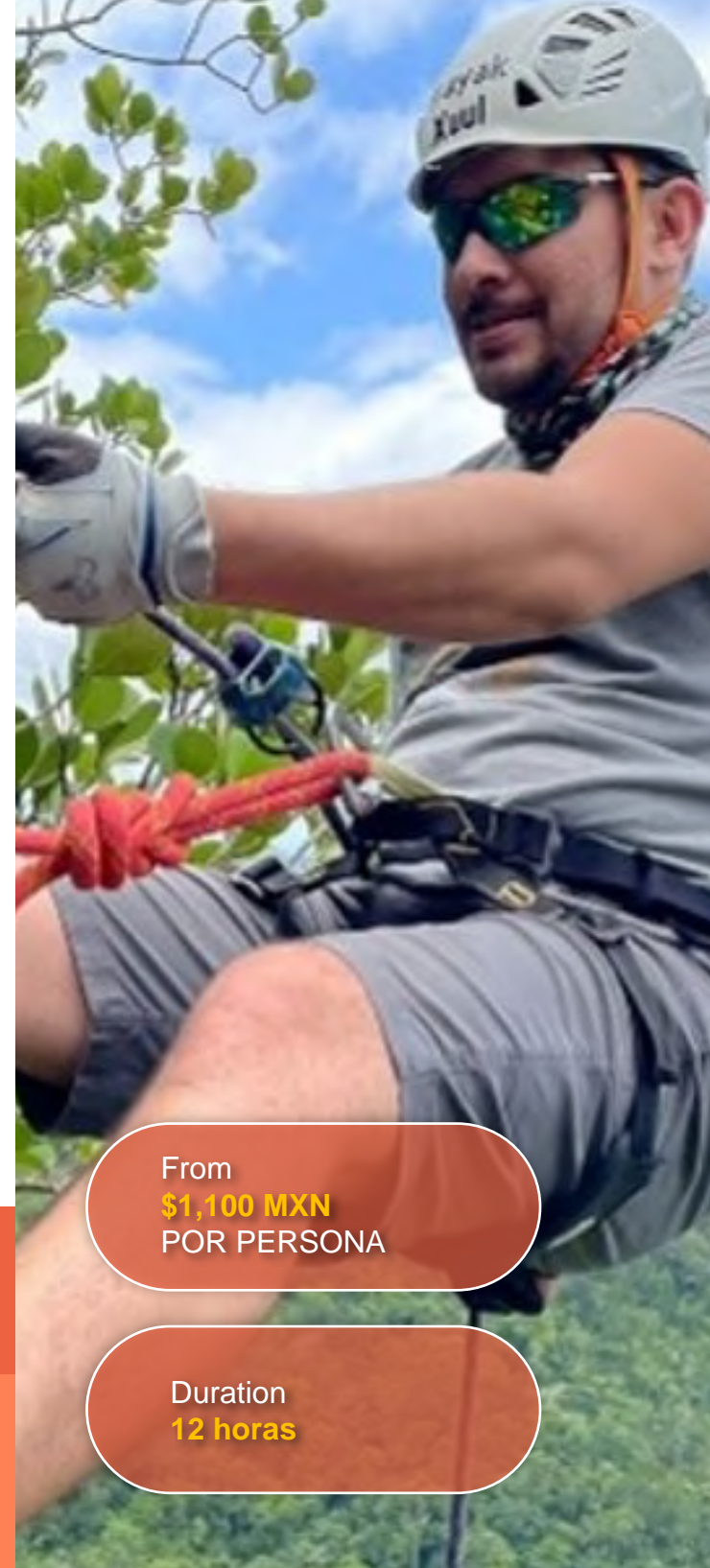


**Restrictions / Specifications / limitations:** Activity not suitable for people with heart problems, claustrophobic, pregnant, newly operated on or with knee, back or hip problems / Do not enter under the influence of alcohol or drugs

River Route



**Operated by** Wayak Xuul  
Ángel Zubieta  
+52 934 129 0788  
Facebook: Wayak Xuul.



From  
**\$1,100 MXN**  
POR PERSONA

Duration  
**12 horas**



Adventure in the mountains Route



# ADVENTURE IN THE CENTER OF THE EARTH

## Magic Town Tapijulapa

Rappel inside the Kolem Chén cave, making 5 descents in the interior of the most spectacular cave in Tabasco and the tour ends admiring the picturesque corners of Tapijulapa, our Magic Town.



**Place:** Arroyo Chispa, Tacotalpa.



**Activities:** Cave Exploration / Rappelling / Hiking / Tour in Tapijulapa

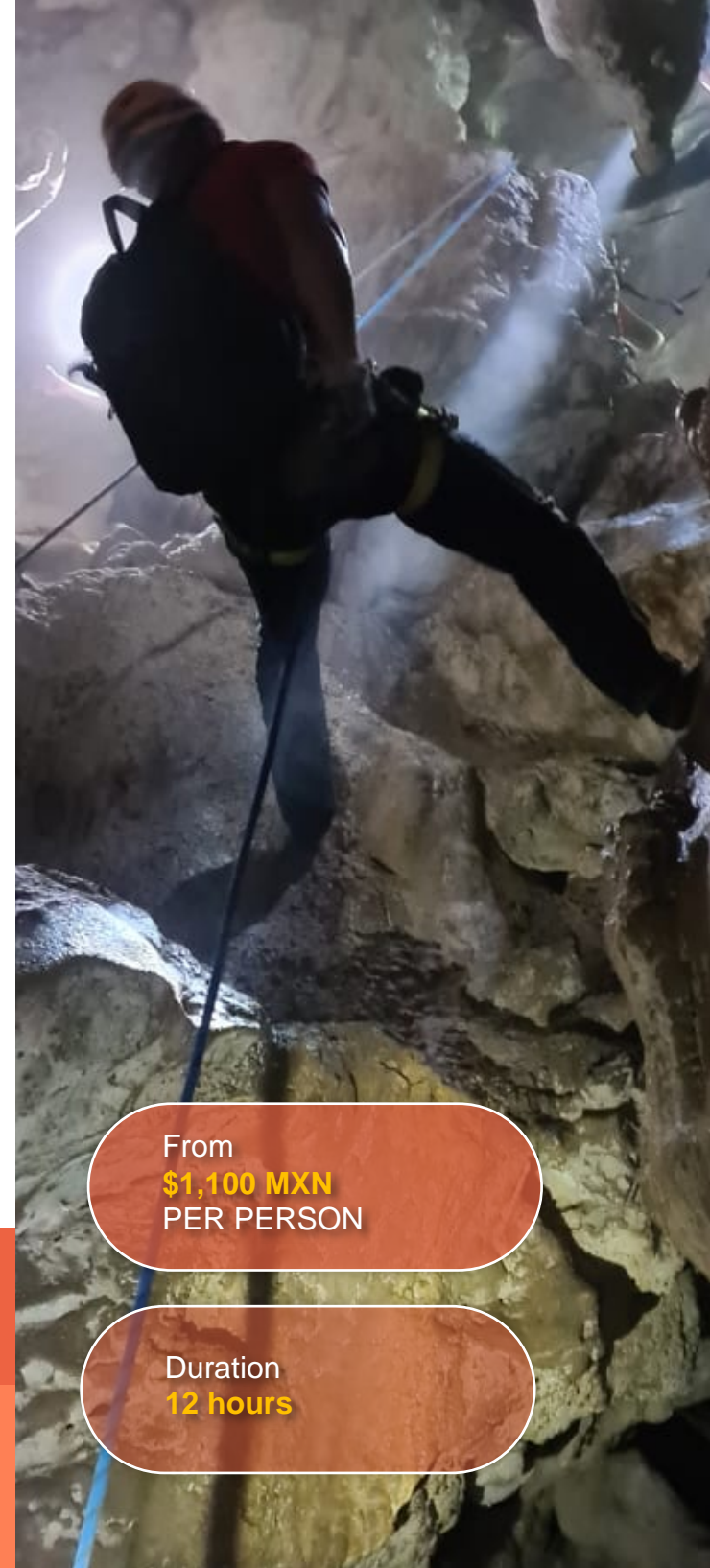


**Includes:** Transportation from Villahermosa / Guides / Equipment / Tickets / Photos / Video / Insurance.



**Restrictions / Specifications / limitations:** Activity not suitable for people with heart problems, claustrophobic, pregnant, newly operated on or with knee, back or hip problems / Do not enter under the influence of alcohol or drugs.

**Operated by** Jungla Experience  
Ramón Rodríguez Quintero  
+52 993 121 0727  
Facebook: JunglaExperience  
Instagram: @junglaxp



From  
**\$1,100 MXN**  
PER PERSON

Duration  
**12 hours**



Adventure in the mountains Route



# BASEMENT OF THE LOST BOY

## Magic Town Tapijulapa

Live the extreme adventure in this basement located in Tacotalpa where you will carry out a walk from the town to the site and then rappel 40 meters high descent, much of it in free fall, to then descend another 20 meters through a slope and reach the bottom where you will find different bones and where, Legend has it, a child was lost. Live the experience.



**Place:** Arroyo Chispa, Tacotalpa.



**Activities:** Caving; abseiling; mystical experiences; interpretation geology and fossils



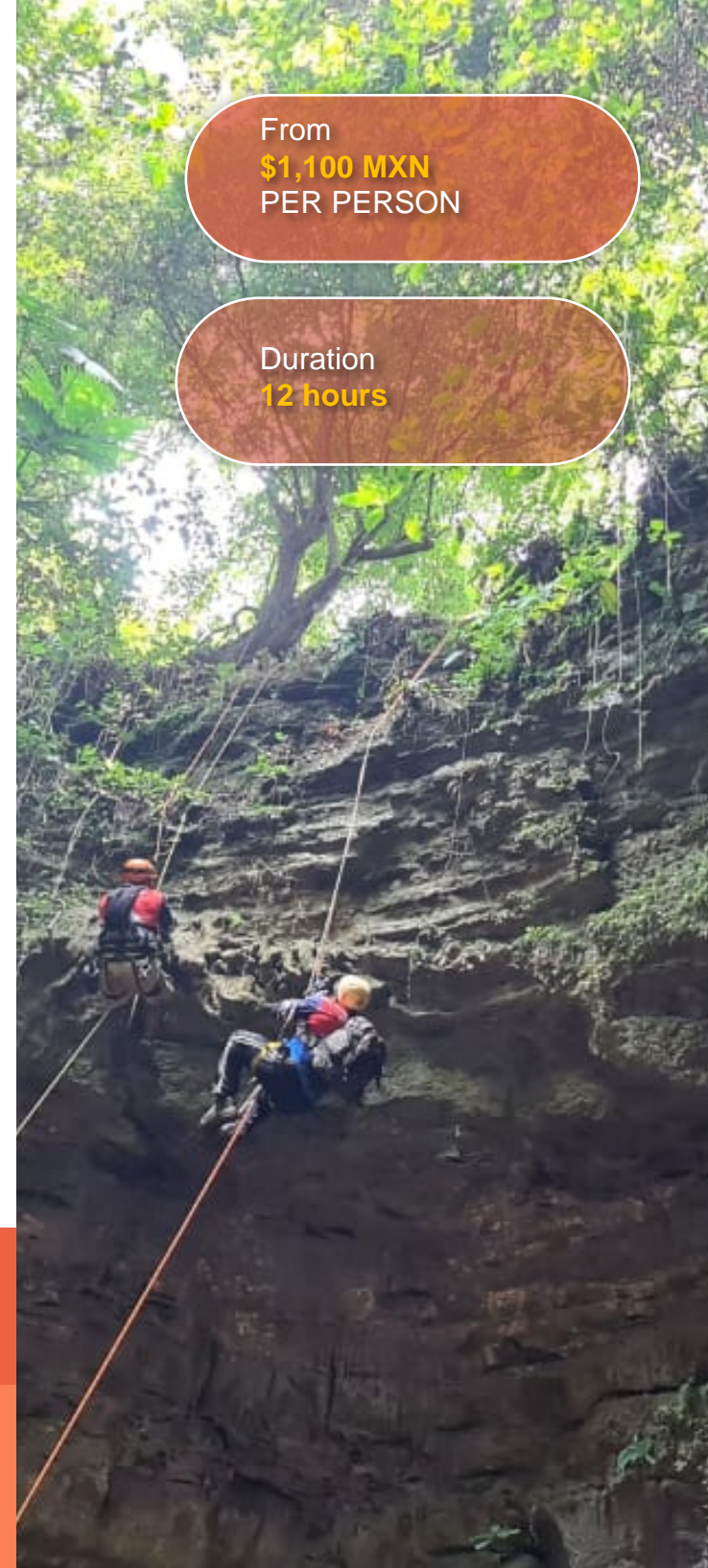
**Includes:** Specialized guide / Activity insurance / EPI / Ticket /Community permit.



**Restrictions / Specifications / limitations:** Activity not suitable for people with heart problems, claustrophobic, pregnant, recently operated or with knee, back or hip problems / No entering under the influence of alcohol or drugs

From  
**\$1,100 MXN**  
PER PERSON

Duration  
**12 hours**






# CAVE OF SECRETS


## Underground World

Live the adrenaline in this incredible cave rappelling 15 meters height and 3 cat flaps in the 6 geological rooms, observe the fantastic mineral kingdom and local animal. Surprise yourself with one of the most memorable experiences in Mexico in the bat cave.

 **Place:** Nuevo San Isidro, Teapa.

 **Activities:** Caving; abseiling; wildlife observation and geological observation

 **Includes:** Specialized guide / Activity insurance / EPI / Ticket /Community permit.

 **Restricciones / Especificaciones / limitantes:** Not suitable for people with heart problems, pregnant, recently operated or with problems in knees, backs or hips, claustrophobic / Do not enter under the influence of alcohol or drugs

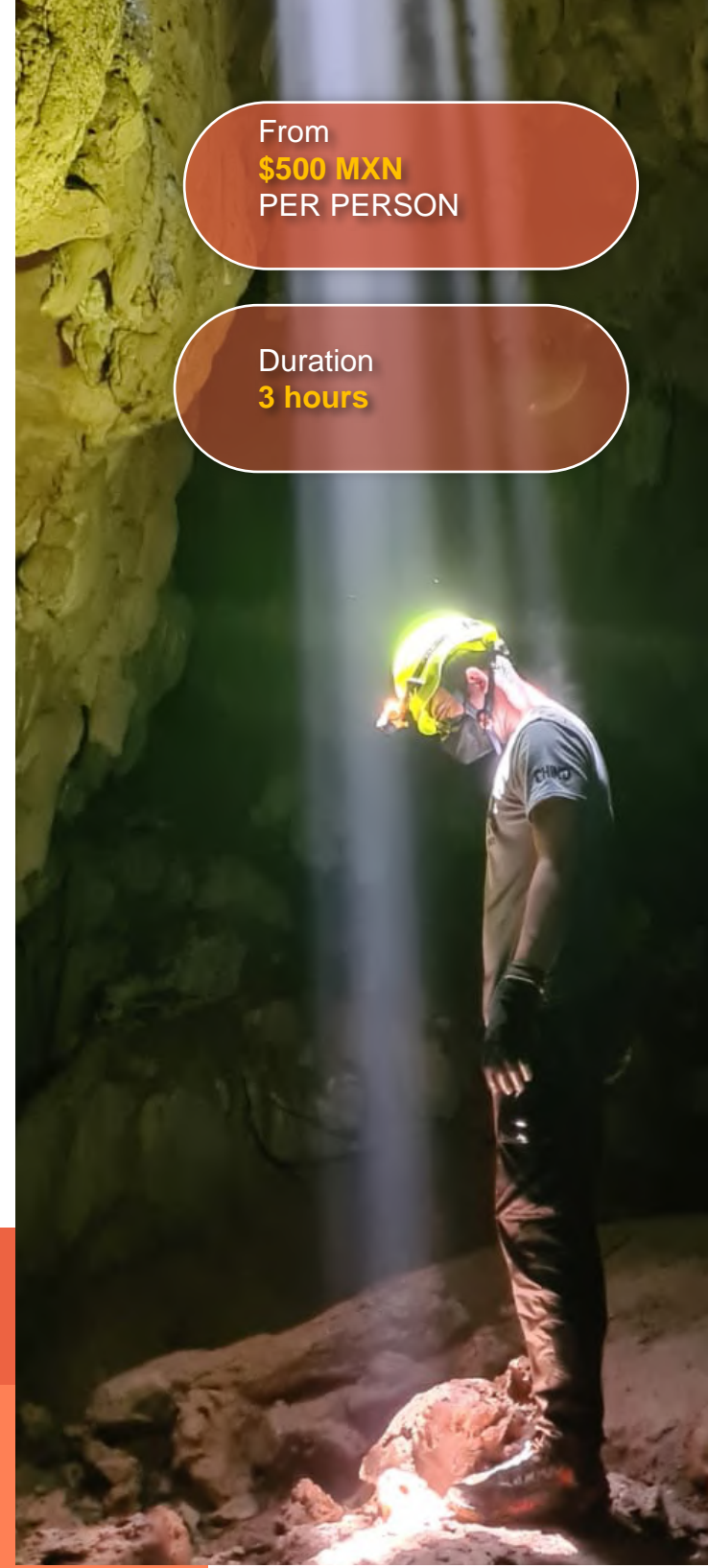
Adventure in the mountains Route



**Operated by** Armando Aventuras  
Armando González López  
+52 932 112 2636  
Facebook: Armando Aventuras

From  
**\$500 MXN**  
PER PERSON

Duration  
**3 hours**





# URBAN RAPPEL IN THE HEART OF VILLAHERMOSA

## ANP Laguna de las Ilusiones

**Operated by** DANTA Viajes de Aventura  
Mario Pulido Rubio  
+52 557 371 8775  
Facebook: Dantaviajesdeaventura  
Instagram: @dantaviajesdeaventura

Live a height experience in the heart of Villahermosa, making rappelling at the Mirador de las Águilas in the Tomás Garrido Canabal Park. Descend from a height of 40 meters and enjoy the incredible view that combines the exuberance of nature with the modernity of the city.



**Place:** Parque Tomás Garrido Canabal, Villahermosa.



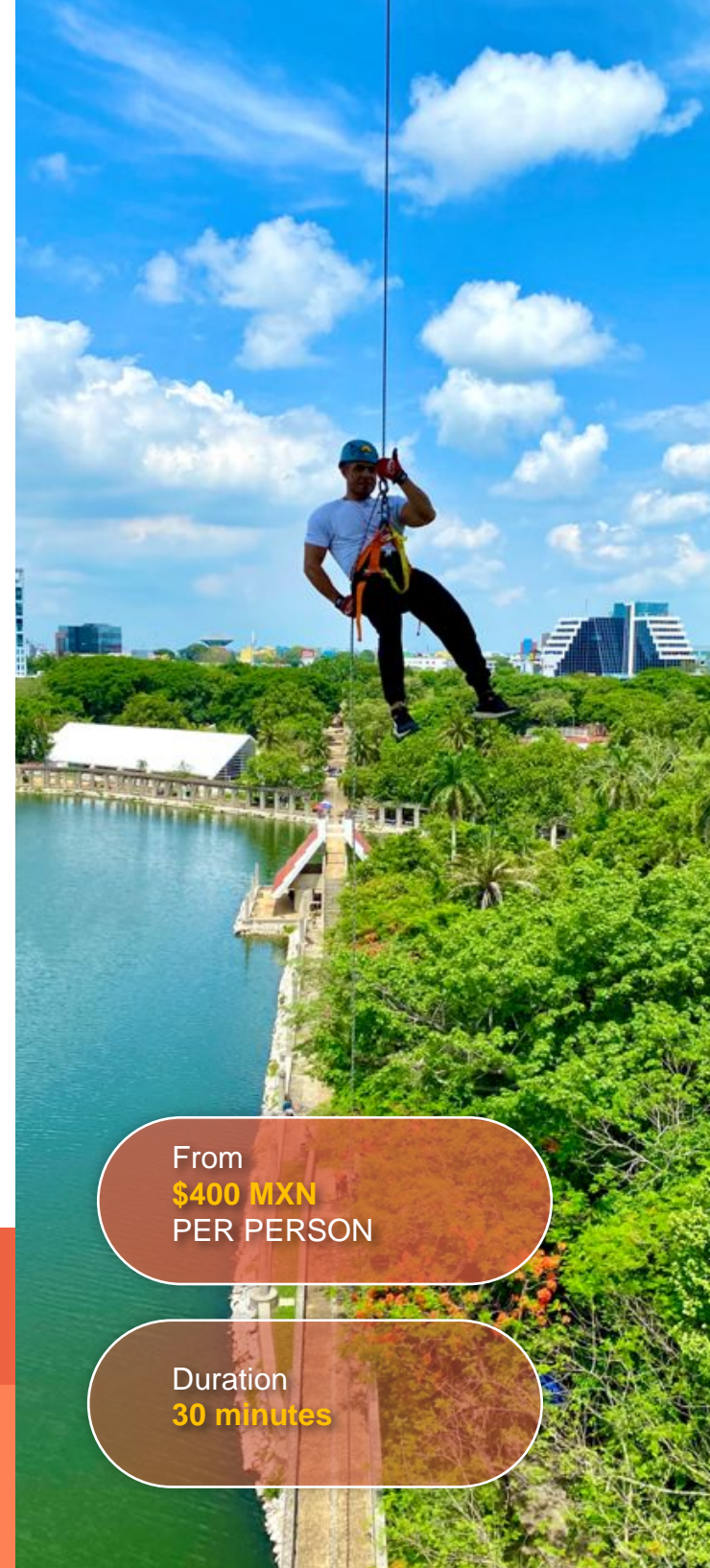
**Activities:** Rappel.



**Includes:** Specialized guide / Auxiliary guide / Certified rappelling equipment / Photography / Protective equipment for travel / Paramedic / Radio communication equipment



**Restrictions / Specifications / limitations:** Not suitable for the faint of heart, people with vertigo or fear of heights / Do not bring belongings that they may fall off the cliff



From  
**\$400 MXN**  
PER PERSON

Duration  
**30 minutes**



# ZOQUE JOURNEY

## Oxolotan

Enjoy an exciting mountain bike experience, touring the town of Oxolotán, going through a guided visit to the former Convent of Santo Domingo de Guzmán, the Sierra Museum and ending in Cuitláhuac. This trip includes crossing on a wooden raft on the Oxolotán River; hiking towards the Almandros canyon and lunch at the Kolem Tyuñ restaurant.



**Place:** Oxolotán, Tacotalpa.



**Activities:** Mountain biking, visit to indigenous villages, hiking interpretative



**Includes:** NOM 09 Leader Guide / Insurance / Bicycle and helmet / Raft ride / Entrance to the rural museum / Lunch and dessert at the Kolem Tyuñ restaurant.



**Restrictions / Specifications / limitations:** Activity not suitable for people with heart problems, pregnant women, recently operated on or with knee, back or hip problems / Do not enter under the influence of alcohol or drugs

## Adventure in the mountains Route



**Operated by** Sierra Zoque Turismo de Aventura Y Turismo Rural  
Guillermo Cruz Vázquez.  
+52 932 327 6764  
Facebook: Sierra Zoque Turismo De Aventura Y Turismo Rural.

From  
**\$480 MXN**  
PER PERSON

Duration  
**4 hours**





# GASTRONOMY AND MIXOLOGY





# DRINKING THE NIGHT

## Villahermosa City

A must-see in the city of Villahermosa is undoubtedly the experience Drinking the Night, a nocturnal tour of the main bars where you will taste gourmet drinks and snacks made with Tabasco ingredients. You have to live this experience that shows you the nightlife of the city..



**Place:** Villahermosa City.



**Activities:** Tasting of mixology and author gastronomy.



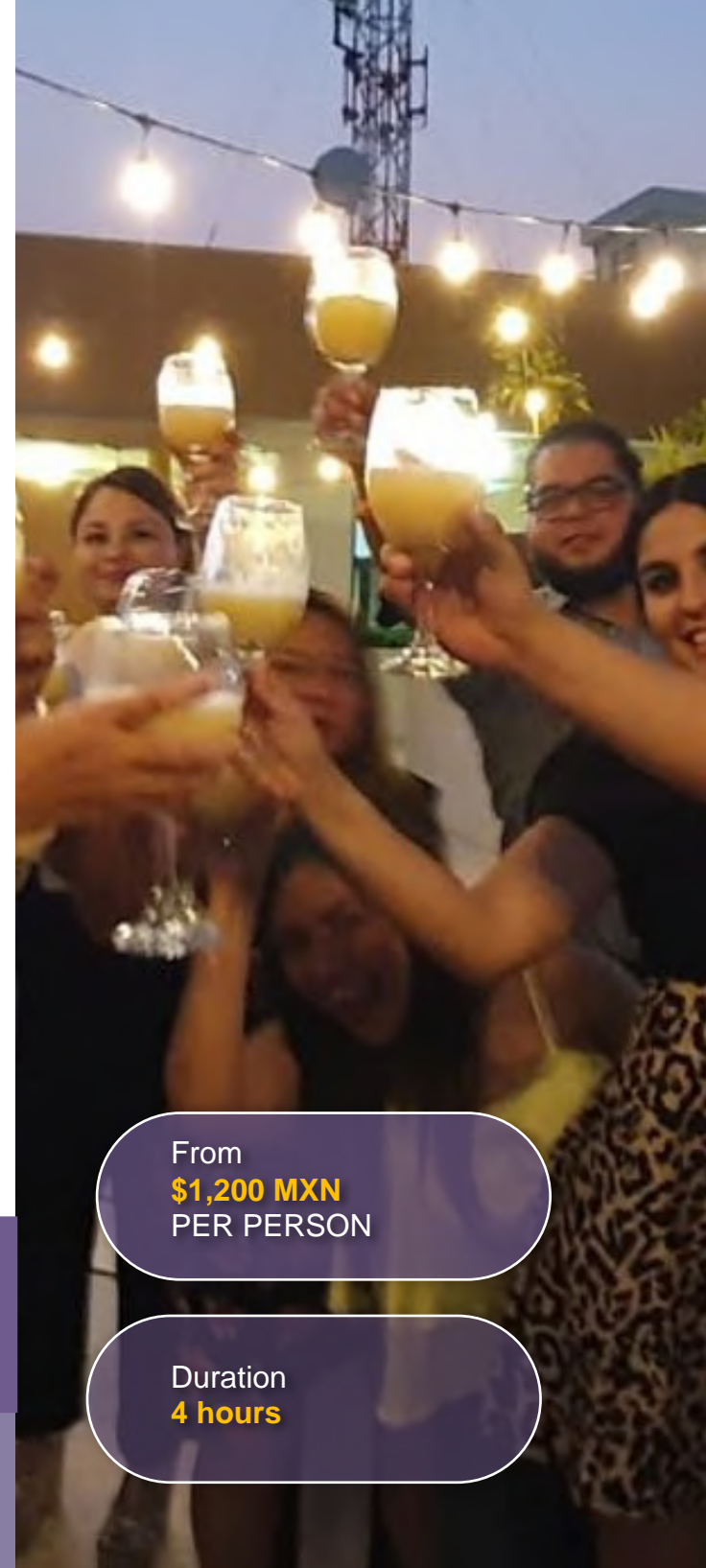
**Includes:** Transportation / Visit 4 bars in the city of Villahermosa / 2 Mixology cocktails in each bar to visit based on ingredients tabasqueños / Gourmet snacks / Tasting of drinks from the region and cheese on board the vehicle / Certified guide / Mixologist



**Restrictions / Specifications / limitations:** Older than 20 years/ Minimum of 8 people group.

Villahermosa Route 

**Operated by** D´experiencia  
+52 993 385 1502  
Facebook: dexperienciamx  
Instagram: dexperienciamx  
www.dexperiencia.com.mx



From  
**\$1,200 MXN**  
PER PERSON

Duration  
**4 hours**



# CLANDESTINE MIXOLOGY

## Villahermosa City

Discover the flavors of Tabasco in this unique mixology experience conceptual created for your palate; Get to know the typical signature drinks of the state, created with endemic ingredients of the region and mixed with brandy and tabasqueño rum. An unparalleled pairing.



**Place:** Ciudad de Villahermosa.



**Activities:** Tasting of mixology and author gastronomy.



**Includes:** 5 drinks per person / Mixologist / regional canapés.



**Restrictions / Specifications / limitations:** Older than 20 years/ Minimum of 8 people group / Previous reservation.

## Villahermosa Route

**Operated by** D´experiencia  
+52 993 385 1502  
Facebook: Dexpericiamx  
Instagram: Dexpericiamx  
www.dexpericiamx.com.mx

From  
**\$850 MXN**  
PER PERSON

Duration  
**3 hours**





# CANTINAS TOUR HISTORIC CENTER

## Villahermosa City

Villahermosa Route 

Operated by D´experiencia  
+52 993 385 1502  
Facebook: Dexperienciamx  
Instagram: Dexperienciamx  
www.dexperiencia.com.mx

Tradition and flavor in this experience where you will get to know the most traditions of the city, walk through some of its streets in the historic center and discover interesting facts about our culture and traditions.



**Place:** Historic Center of Villahermosa.

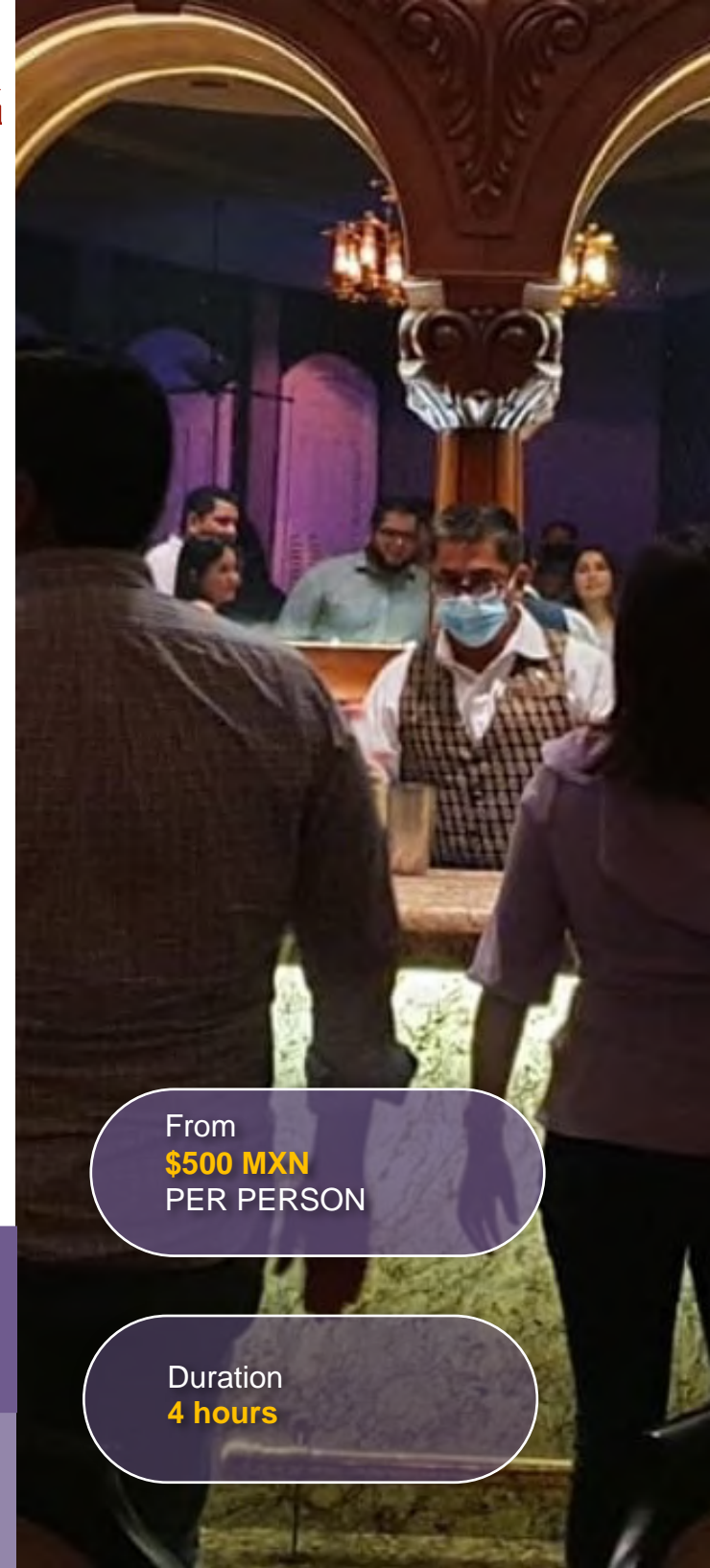


**Activities:** Gastronomic-cultural tour.



**Includes:** Visit to 4 traditional canteens / Tour of the Center History / Drink (beer) and snacks in each establishment / Guide certificate

**Restrictions / Specifications / limitations:** Over 22 years old / Groups of 8 people minimum / Prior reservation



From  
**\$500 MXN**  
PER PERSON

Duration  
**4 hours**



# COCOA NIGHTS

## Villahermosa City

Operated by María Fernanda Caso  
+52 993 155 3020

An exclusive experience that will make your senses vibrate with flavors and fragrance of delicious products derived from cocoa, which when combined with wine, cheese, fruits and fine cuts, you will feel an exquisite explosion on your palate. A feeling that you can only experience in Tabasco.



**Place:** Historic Center of Villahermosa.



**Activities:** Cocoa and chocolate tasting; gastronomic tasting; history of cocoa to chocolate.



**Includes:** Welcome cocktail; Drinks and food; cocoa harmony; amenity; live music; Photography.



**Restrictions/Specifications/limitations:** Does not include hotel transfer to the place of experience



From  
**\$2,000 MXN**  
PER PERSON

Duration  
**4 hours**



# ANCIENT FLAVOR, EATING WITH THE CHONTALES

## Alligator Runner

Walk the Biji Yokot'an Route and get to know the ancestral cuisine through a immersive experience that will take you to the origins of gastronomy history of one of the most important towns in the southeast of Mexico, to delight you with lively flavors of the Maya-Chontal culture.



**Place:** Saloya 1ra sección, Nacajuca.



**Activities:** Gastronomic workshop and tasting.



**Includes:** Workshop / Gastronomic inputs / Tastings, dishes, drinks / Interpretation and accompaniment Yokot'an.



**Restrictions / Specifications / limitations:** Previous reservation / Prices special for groups

Biji Yokot'an Route



### Operated by

Restaurante El Chontal,  
Sazón Ancestral  
+52 914 102 7823  
Facebook: Restaurante  
El Chontal.

From  
**\$500 MXN**  
PER PERSON

Duration  
**3 hours**





# PISHUL GASTRONOMY

## The Taste of the Sierra Restaurant

When visiting the magical town of Tapijulapa, you cannot miss this delicious experience offered by the traditional cook, Doña Jacky, who will teach you the entire process of making the famous Pishul, from the selection of ingredients in the market until the elaboration and tasting, in this emblematic dish that between talks and anecdotes, you will spend a moment memorable.

Adventure in the mountains Route



**Operated by** Cocina Tradicional  
El Sabor de la Sierra  
+52 993 155 4107  
Facebook: El sabor de la sierra

From  
**\$150 MXN**  
PER PERSON

Duration  
**3 hours**



**Place:** Tapijulapa, Tacotalpa.



**Activities:** Gastronomic Workshop / Traditional dish tasting / Visit to the local market.



**Includes:** Ingredients for preparation / Elaboration workshop in charge of traditional cook and tasting of the dish.



**Restrictions/Specifications/limitations:** Previous Reservation.





# ZOQUE GASTRONOMY

## Oxolotan

Adventure in the mountains Route 

Operated by Sierra Zoque  
+52 932 119 2521  
Facebook: Kolemtyunoxo.

Delicious gastronomic experience where your palate will be put to the test taste dishes and desserts made with regional products such as chestnut and chapaya, while trying La Oxoloteca and traveling to the past knowing the life of the Dominicans in the Ex Convent of Santo Domingo.



**Place:** Oxolotán, Tacotalpa.



**Activities:** Gastronomic workshop; traditional dish tasting; cultural tour



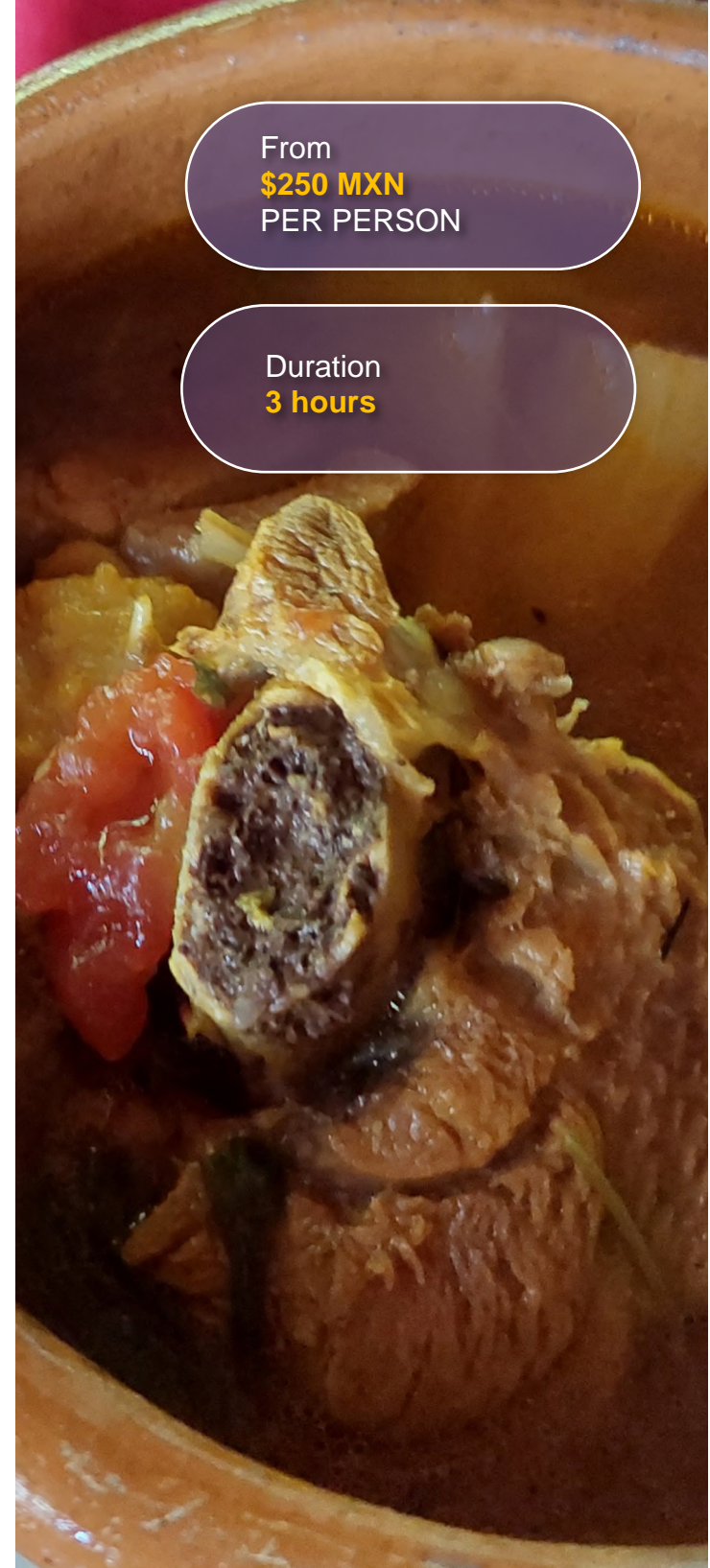
**Includes:** Talk with traditional cook / Tasting of dish and dessert of the zoque region / Access and tour in the former convent / Guide Certificate



**Restrictions/Specifications/limitations:** Prior reservation / Clothing chest of drawers / sun protection.

From  
**\$250 MXN**  
PER PERSON

Duration  
**3 hours**





# | CULTURE





# MOTHER CULTURE

## La Venta Museum Park

A must-see on your trip to Villahermosa is, without a doubt, the Parque Museo "La Venta". Admire the impressive colossal heads, stelae, monoliths of the mother culture of Mesoamerica, Olmec culture and enjoy an incredible jungle tour in this unique open-air museum.



**Place:** Tomás Garrido, Villahermosa Park.



**Activities:** Eco-archaeological tour.



**Includes:** Access to La Venta Park Museum / Specialized guide NOM 08 / Typical drink.



**Restrictions/Specifications/limitations:** Comfortable clothing / Repellent / Solar protection

Villahermosa Route 

**Operated by** Ruta del Jaguar Tours  
+52 993 177 8598  
Facebook: La ruta del jaguar.  
[www.larutadeljaguar.com](http://www.larutadeljaguar.com)



From  
**\$250 MXN**  
PER PERSON

Duration  
**2 hours**



# VILLAHERMOSA , A DOOR TO THE PAST

## Villahermosa City

Historical-cultural tour of the old San Juan Bautista, today the center of the City of Villahermosa, where through a virtual tour through augmented reality, you will take a look into the past of the historical places and emblematic of Tabasco.



**Place:** Historic Center of Villahermosa.



**Activities:** Historical – cultural tour; visit museums and art galleries



**Includes:** NOM 08 Certified Guide / Tour of the Historic Center / Accesses / Pozol ice cream.



**Restrictions/Specifications/limitations:** Minimum of 6 person group/ Previous reservation/ If the service is required in another language, it has an extra cost.

## Villahermosa Route

**Operated byr** D´experiencia  
+52 993 385 1502  
Facebook: Dexpericiamx  
Instagram: Dexpericiamx  
[www.dexpericiamx.com.mx](http://www.dexpericiamx.com.mx)

From  
**\$300 MXN**  
PER PERSON

Duration  
**2 hours**





# TOUR OF THE CHAPELS

## Magic Town Tapijulapa

Adventure in the mountains Route



**Operated by** Eco Aventura-T  
Williams Méndez  
+52 932 102 6153  
Facebook: Tapijulapa Eco Aventura-T

Attractive cultural tour to see chapels and historical places of the Town Magical Tapijulapa. Discover the Escondido Canyon at the foot of the hill and from the top, admire the spectacular landscape of the mountains. Get to know the House of the Vase where objects over 300 years old are kept.



**Place:** Tapijulapa, Tacotalpa.



**Activities:** Cultural hiking.



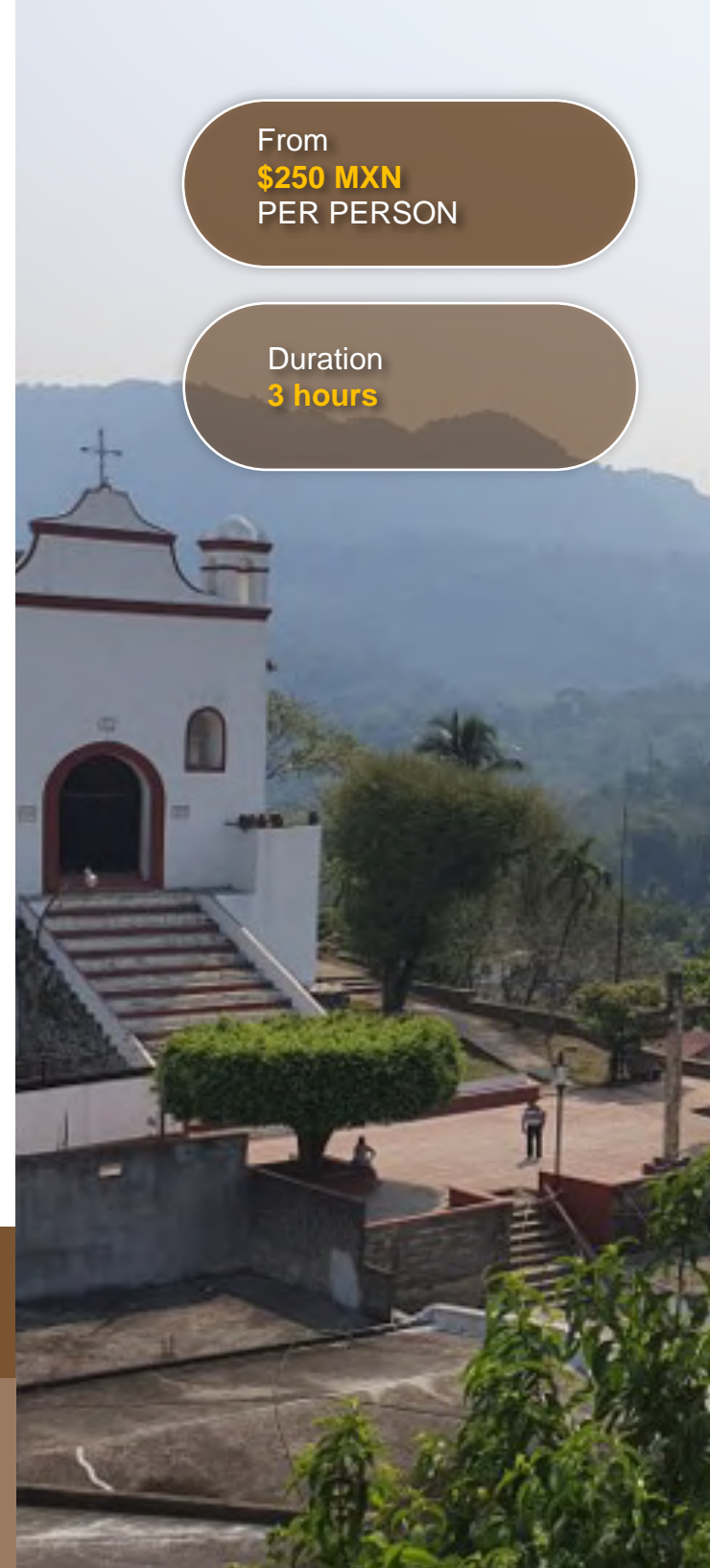
**Includes:** Certified guide / Snack and hydration.



**Restrictions/Specifications/limitations:** Not suitable for people in drunk, under the influence of drugs or with mental problems/ Stay hydrated / Wear comfortable clothing and sun protection.

From  
**\$250 MXN**  
PER PERSON

Duration  
**3 hours**





Adventure in the mountains Route



# TOUR IN THE MUSEUM OF THE MOUNTAINS

## Oxolotan

One of the most emblematic architectural jewels of Tabasco. visit the former Convent of Santo Domingo de Guzmán, today the Museum of the Sierra, built in river stone in the 17th century, an enclosure that shelters pieces of sacred art, wooden sculptures and oil paintings of viceroyalty altarpieces. Get to know this museum and tour Oxolotán.



**Place:** Oxolotán, Tacotalpa.



**Activities:** Guided tour of the former convent and church of Santo Guzman  
Sunday



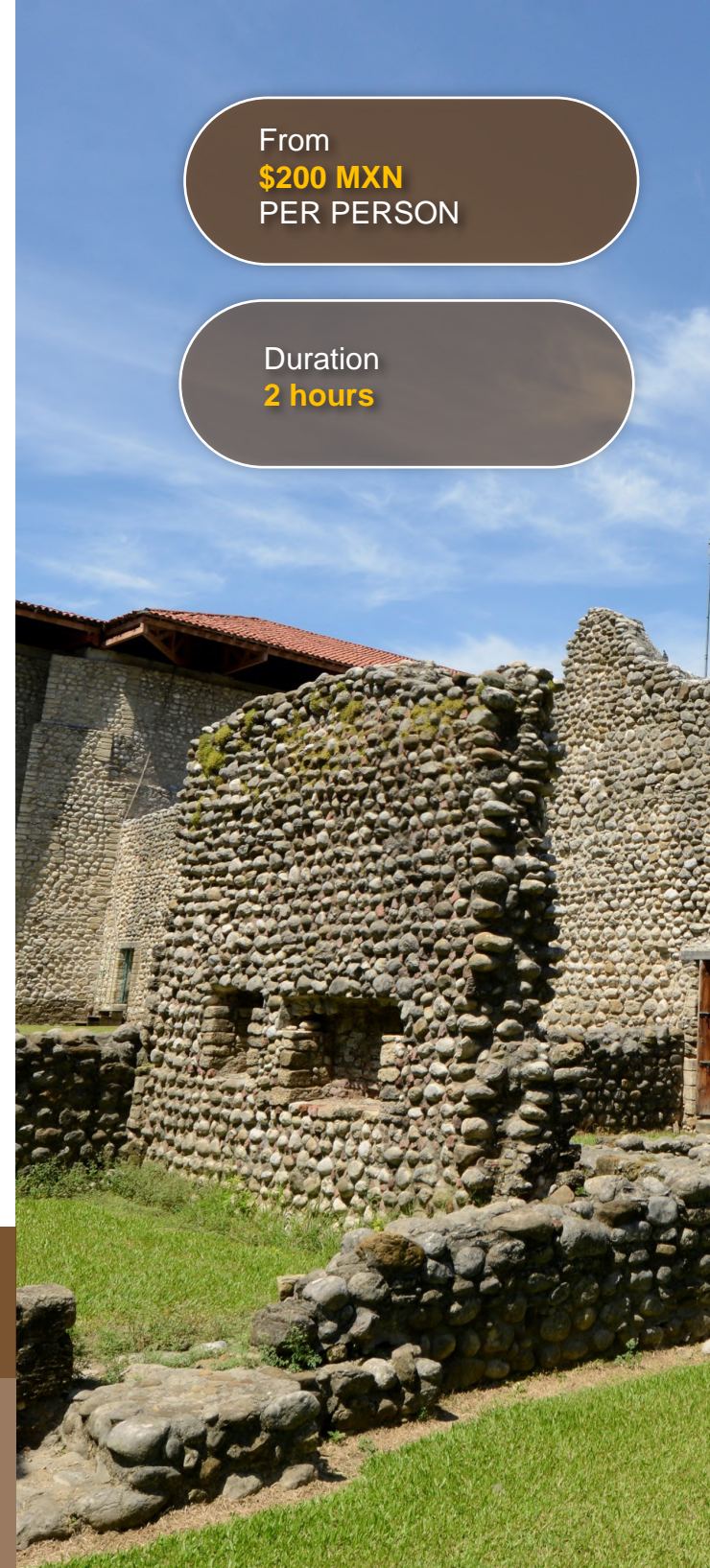
**Includes:** Specialized guide / Access to the site / Photography.



**Restrictions/Specifications/limitations:** Access to the site is up to 4:00 p.m

From  
**\$200 MXN**  
PER PERSON

Duration  
**2 hours**





Adventure in the mountains Route 

# ANCIENT MYTHS AND LEGENDS

## Magic Town Tapijulapa

Our Magic Town Tapijulapa, shelters in its alleys and corners picturesque, famous legends and ancient myths; live this experience and visit buildings and scenes from movies and novels that will tell you the story of this beautiful place and admire the landscape of the mountains.



**Place:** Tapijulapa, Tacotalpa.



**Activities:** Alleyway



**Includes:** Guide / Photographs / Snack and hydration.



**Restrictions/Specifications/limitations:** Stay hydrated / Wear comfortable clothing and sun protection.

**Operated by** Eco Aventura-T  
Williams Méndez  
+52 932 102 6153  
Facebook: Tapijulapa  
Eco Aventura-T



From  
**\$250 MXN**  
PER PERSON

Duration  
**3 hours**



# HUNTING AND FISHING





# DIVING AND SPEARFISHING

From Cocoa to Chocolate Route 

**Operated by** Aqua Terra Tours  
Leonardo Caamal  
+52 933 110 2930  
Facebook: Buceo y pesca, Aqua  
Terra, Paraiso

## Coast

Immerse yourself in the waters of the Gulf of Mexico and venture into this interesting experience, doing the nautical tour, practicing recreational diving, fishing underwater and discovering all the marine flora and fauna of our ecosystem water.



**Place:** Chiltepec, Paraíso.



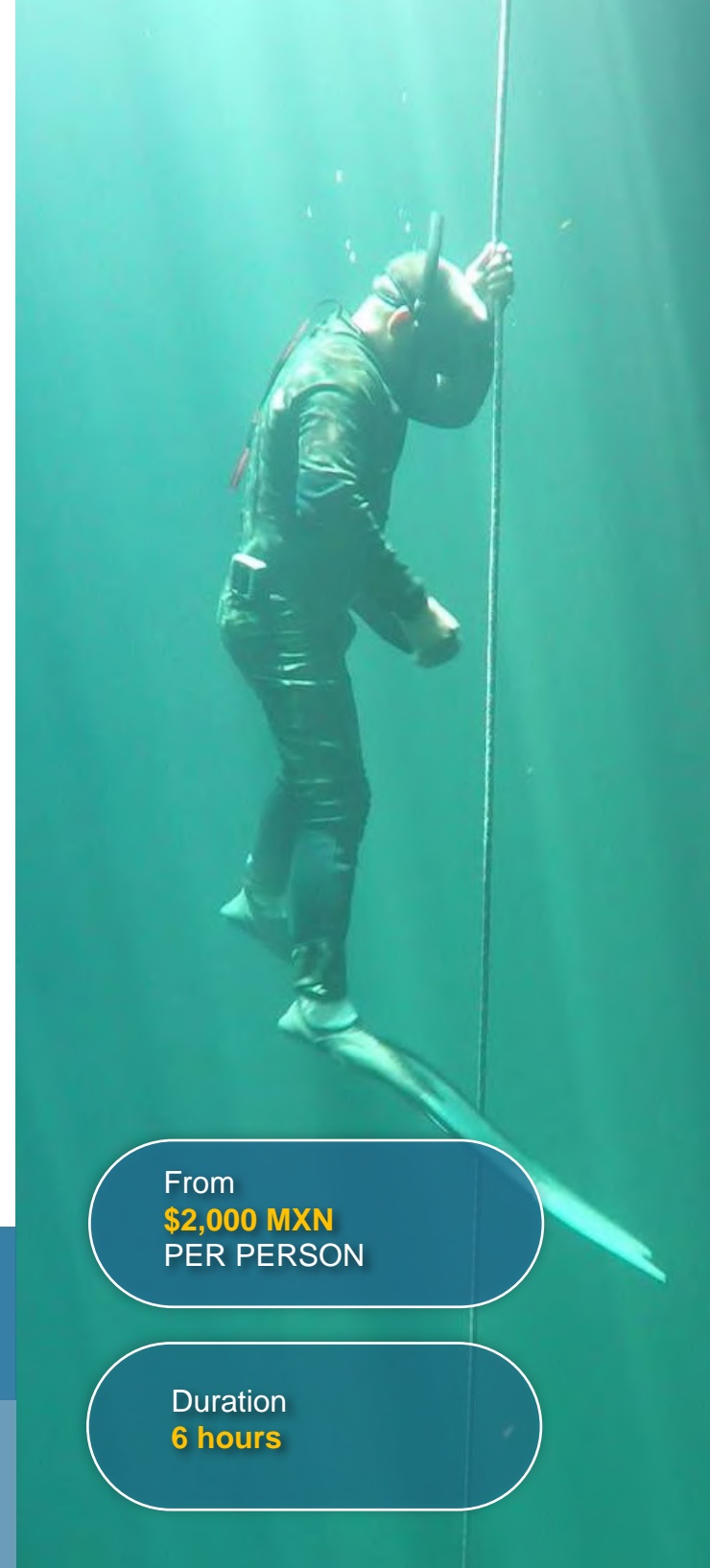
**Activities:** Recreational diving and underwater fishing.



**Includes:** Complete diving equipment / Drinks / Fishing equipment submarine / Navigation equipment / Guide - Instructor specialized in diving / 26 foot boat



**Restrictions/Specifications/limitations:** Reservación con el 50% de anticipo / De 2 a 6 personas.



From  
**\$2,000 MXN**  
PER PERSON

Duration  
**6 hours**



From Cocoa to Chocolate Route



# SEA FISHING


## Coast

**Operated by** Aqua Terra Tours  
Leonardo Caamal  
+52 933 110 2930  
Facebook: Buceo y pesca, Aqua  
Terra, Paraiso

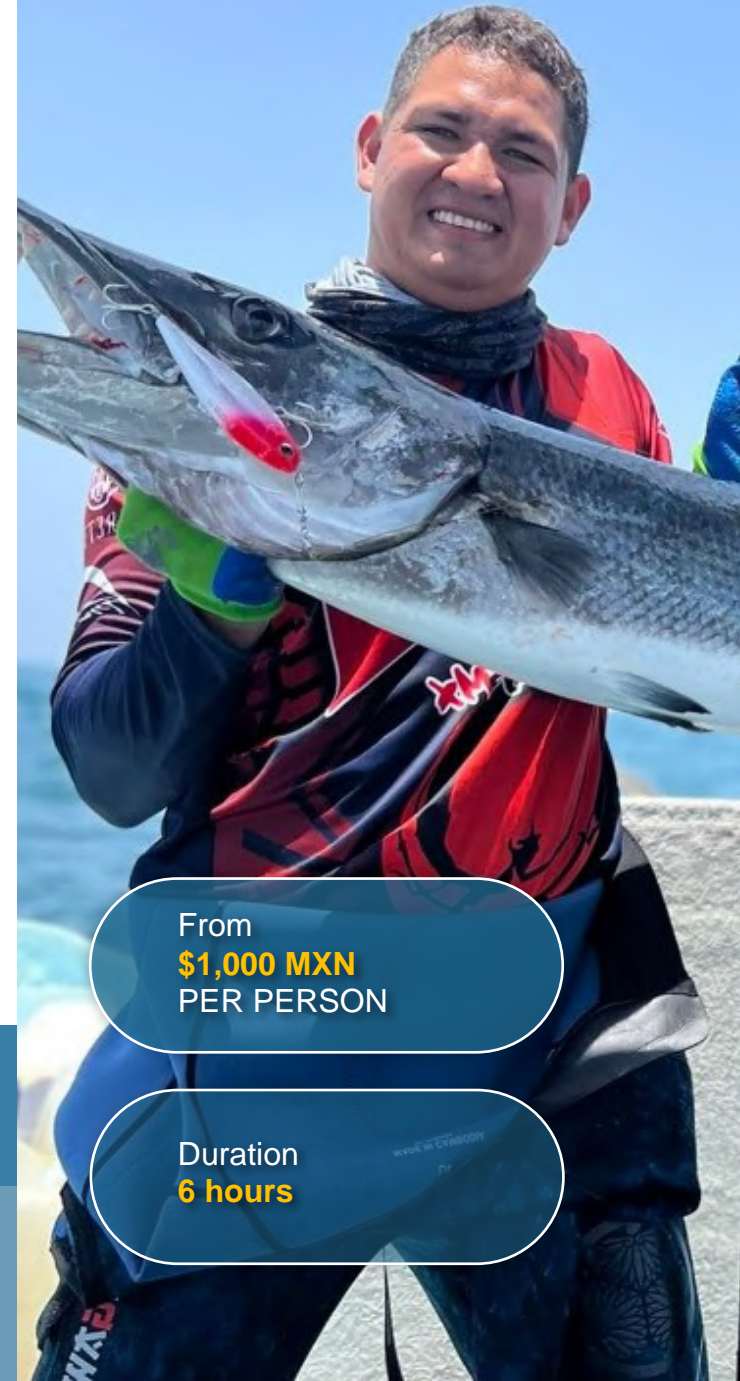
If you are a fan of rod and reel, you have to live this experience that Tabasco offers you. In this nautical tour, marine fishing is practiced in the warm waters of the Gulf of Mexico. Escape to the adventure and live this memorable experience.

 **Place:** El Bellote, Paraíso.

 **Activities:** Sport Fishing.

 **Includes:** Navigation equipment / 26-foot boat with awning, Motor 90 HP / Water and soft drinks / Fishing lines / Bait / Ice / Rods and reels

 **Restrictions/Specifications/limitations:** Reservation with 50% of advance payment / From 2 to a maximum of 6 people / Boarding point: Restaurant "La Posta", El Bellote, Paraíso; Departure time 7:00 am / Does not include: beers, food, lures



From  
**\$1,000 MXN**  
PER PERSON

Duration  
**6 hours**



# LET'S GO FISHING! SHAD AND SEA WOLF

## Centla Swamps

Tabasco is the best sport fishing destination in Mexico, this experience is takes place in the Pantanos de Centla (ANP) biosphere reserve, discover this nature reserve, we guarantee maximum fun and capture specimens that will make your visit to Tabasco a memorable experience.



**Place:** Laguna del Cometa, Centla.



**Activities:** Sport fishing, river boat tour, interpretation of fauna and flora.



**Includes:** Experienced guide in shad and sea bass fishing / Land and river transportation / Food and beverages / Equipment for fishing / Right payment



**Restrictions/Specifications/limitations:** Previous reservation.

Swamp Route



**Operated by** Vámonos de pesca  
Paco Marroquin  
+52 993 317 7471  
Facebook: vamonosdepescacon  
pacomarroquin  
[www.flyfishingtabasco.com/](http://www.flyfishingtabasco.com/)



From  
**\$3,000 MXN**  
PER PERSON

Duration  
**8 hours**



# RURAL TOURISM





## From Cocoa to Chocolate Route



# FROM COCOA TO CHOCOLATE ROUTE EXPERIENCE

**Operated by** Xperencia Desafío  
Alejandro Moreno  
+52 933 106 9545  
Facebook: Xperenciasdesafio

## Chontalpa

This is one of the most memorable experiences of your visit to Tabasco; walks cocoa farms, learn about the chocolate process, taste its products and visit the archaeological zone of Comalcalco, place of Mayan culture, unique in the world built with clay bricks; know its museum of site with pieces of this culture.



**Place:** Comalcalco.



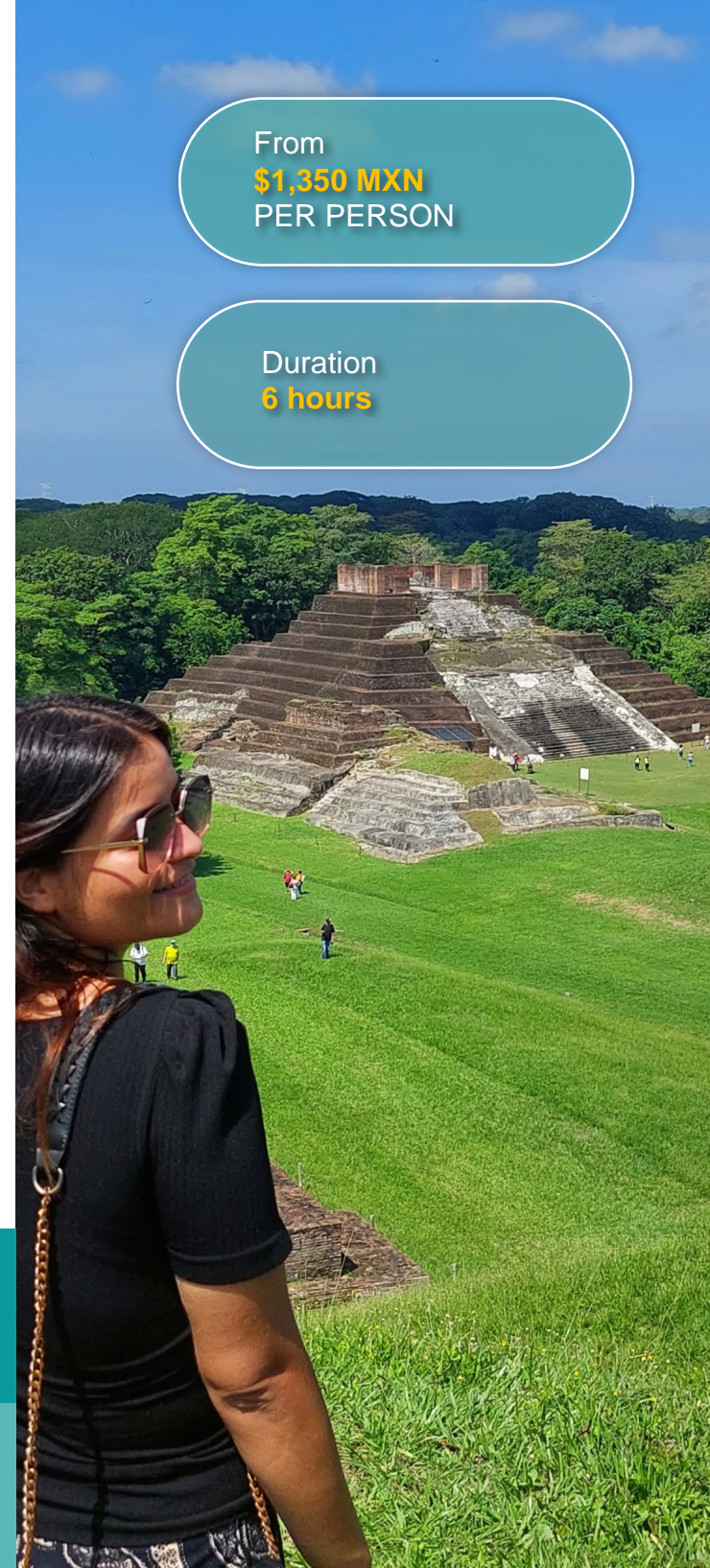
**Activities:** Visit to the cocoa farm and artisan factory of chocolates; product tasting; interpretive cultural hike in the Mayan Z.A of Comalcalco



**Includes:** Transportation / Tickets / Cultural guide NOM-08 / Tasting / Typical drink



**Restrictions/Specifications/limitations:** Comfortable clothing/ Repellent, sun protection



From  
**\$1,350 MXN**  
PER PERSON

Duration  
**6 hours**



Adventure in the mountains Route



# ADVENTURE IN THE MOUNTAIN AND MAGIC TOWN

## State Park Of The Sierra

**Operated by** Xperiencia Desafío  
Alejandro Moreno  
+52 933 106 9545  
Facebook: Xperienciasdesafio

Submerged in the jungle of the Sierra Tabasco is Tapijulapa, picturesque Magical Town of the state worth visiting. Get to know the waterfalls Villa Luz and immerse yourself in its sulphurous waters and enjoy doing activities ecotourism.



**Place:** Tapijulapa, Tacotalpa.



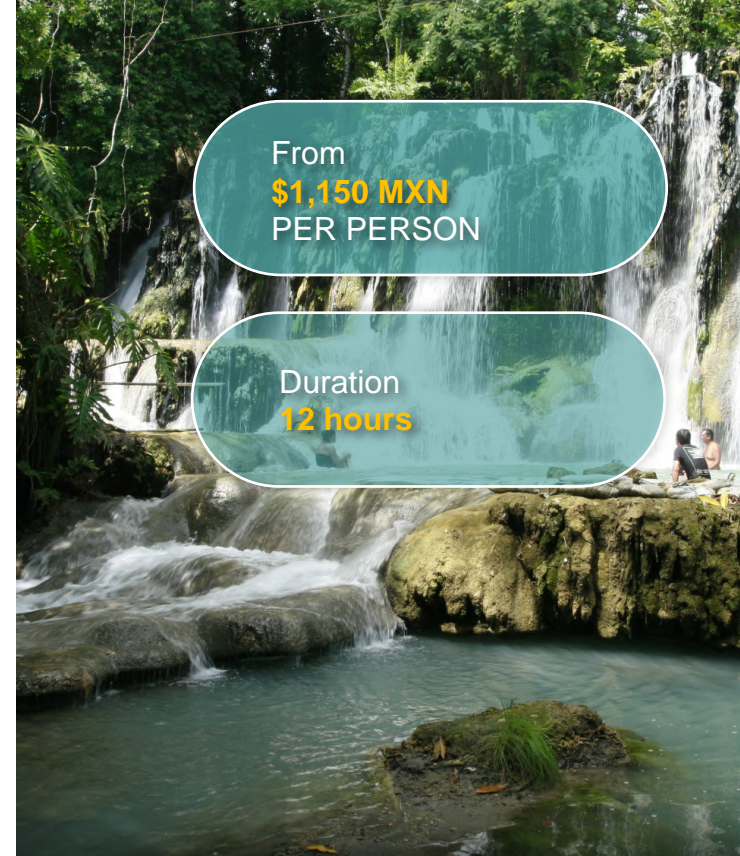
**Activities:** Hiking; walk through the Magical Town; abseiling; I swim in waterfall and sulphurous water pools



**Includes:** Round transportation / Rappel in cave and waterfall / Tour through the Magical Town / Local transfers / Access to the ANP / Park Thematic Villa Luz / Certified guides / Individual protection equipment / Travel insurance



**Restrictions/Specifications/limitations:** Comfortable clothing / Repellent, Solar protection



From  
**\$1,150 MXN**  
PER PERSON

Duration  
**12 hours**





# SUN AND BEACH





# SEE, HEAR AND FEEL THE SEA ON THE BEACH CHAMBOR

## Green Coast

Enjoy and cool off on the beaches of Tabasco, Playa Chambor is a destination tropical coconut palm, with sea cuisine for recreation and fun. Also visit the Pantanos de Centla Biosphere Reserve, one of the largest wetlands in North America where you can see a great variety of flora and fauna of the region.



**Place:** Playa Chambor, Centla.



**Activities:** Recreational and aquatic activities; river route in the Pantanos de Centla Biosphere Reserve ANP; sighting of fauna and Flora



**Includes:** Transportation / Boat tour / Entrance / Guides.



**Restrictions/Specifications/limitations:** Stay hydrated / Wear comfortable clothes / Comfortable shoes / Use repellent and sunscreen / Bring cash

Swamp Route



Operated by D'Agencia de  
Viajes RT Diaz  
+52 993 279 1783  
Facebook: RTAgenciade  
ViajesDiaz

From  
**\$1,950 MXN**  
PER PERSON

Duration  
**10 hours**





# HEALTH AND WELLNESS





From Cocoa to Chocolate Route



# ANCESTRAL COCOA ROUTE

## Chontalpa

**Operated by** Xperiencia Desafío  
Alejandro Moreno  
+52 933 106 9545  
Facebook: Xperienciasdesafio

Connect with your inner being through ancient health practices and well-being such as the temazcal and chocolate therapy. Perform rituals and ceremonies with cocoa; In addition, he does interpretive hiking in the plantations of cocoa and make your own chocolate. It will be an immersive experience renewal and relaxation.



**Place:** Hacienda La Chonita, Cunduacán.



**Activities:** Interpretive hiking; frisbee; workshop chocolate; temazcal; relaxing massages; aromatherapy; Chocolate therapy; bathroom earthen.



**Includes:** Food / Transportation / Certified guide /Activities / Travel insurance / Photographs.



**Restrictions/Specifications/limitations:** Heart problems, hypertension

From  
**\$2,050 MXN**  
PER PERSON

Duration  
**6 hours**





Villahermosa Route 

# CHOCOLATE THERAPY

## Villahermosa City

**Operado by** Pitta Rosales  
Club Integral SPA  
+52 993 197 7580  
Facebook: Pittarosales  
clubspa

Discover everything that this experience offers you in terms of cosmetics and inner health. Moisturize and tone your skin with relaxing massages, chocolate masks, natural and nutritious antioxidant, in contact with nature and in areas heated. Live this experience. On the shores of the Laguna de las Ilusiones in the heart of the Villahermosa Route.



**Place:** Pitta Rosales Club SPA.



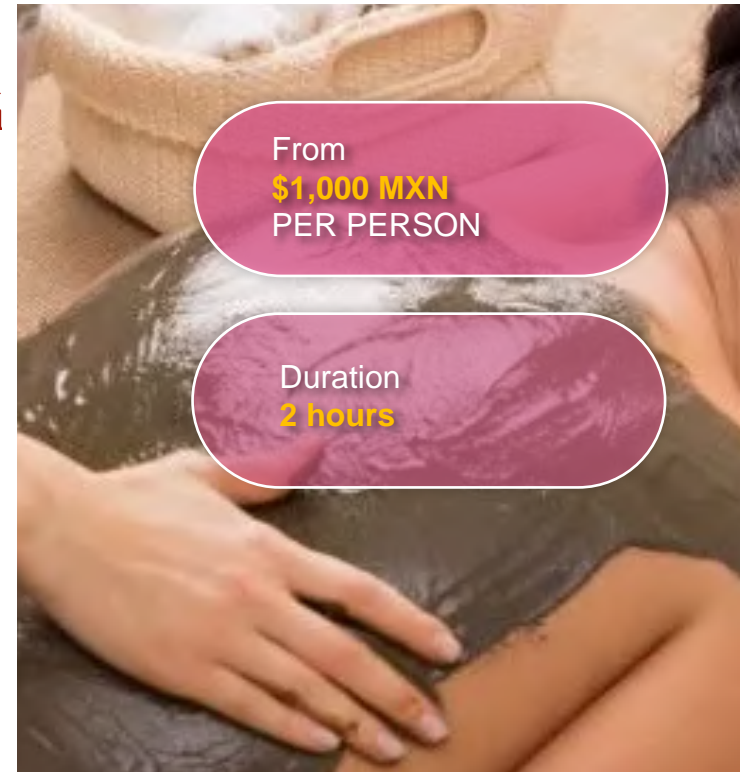
**Activities:** Relaxing massage and chocolate therapy.



**Includes:** Massage / Thermal wrap / Strawberries with chocolate.



**Restrictions/Specifications/limitations :** Previous reservation.



From  
**\$1,000 MXN**  
PER PERSON

Duration  
**2 hours**





# EXPLORE TABASCO, TOURS AND EXCURSIONS





Operated by Agencia de viajes RT Díaz  
Maru Díaz  
+52 993 279 1783, 551 804 5466  
Facebook: Agencia de Viajes Diaz

# RIVERS, HISTORY AND NATURE

## Mayan Rivers

### Includes:

- Transfer Airport Hotel Airport.
- Ground transportation in tourism vehicles on tour.
- 1 night in Villahermosa, 1 night in Tenosique, 1 night in Palenque.
- Pomoná Archaeological Zone and its museum.
- Travel through the Usumacinta Canyon.
- Water activities.
- Visit to the Church of the Lord of Tila.
- Moral Reforma Archaeological Zone.
- Reform Waterfalls.
- Palenque Archaeological Zone.
- 3 breakfasts, 3 meals.
- Travel assistance insurance.
- Personalized assistance.



**Place:** Villahermosa, Palenque, Tenosique.



**Activities:** Hiking, Rappelling, Water Activities

Duration  
4 Days, 3 Nights



# LET'S GO TO TABASCO

## Drive and Travel The eden of Mexico

**Includes:** Destination guide..

**Places to visit:**

- Cocoa farm of Comalcalco.
- Comalcalco Archaeological Zone.
- Coconá Caves.
- Waterfalls of Villa Luz and Magic Town of Tapijulapa..
- La Venta Museum Park.
- Yumka Ecological Park.

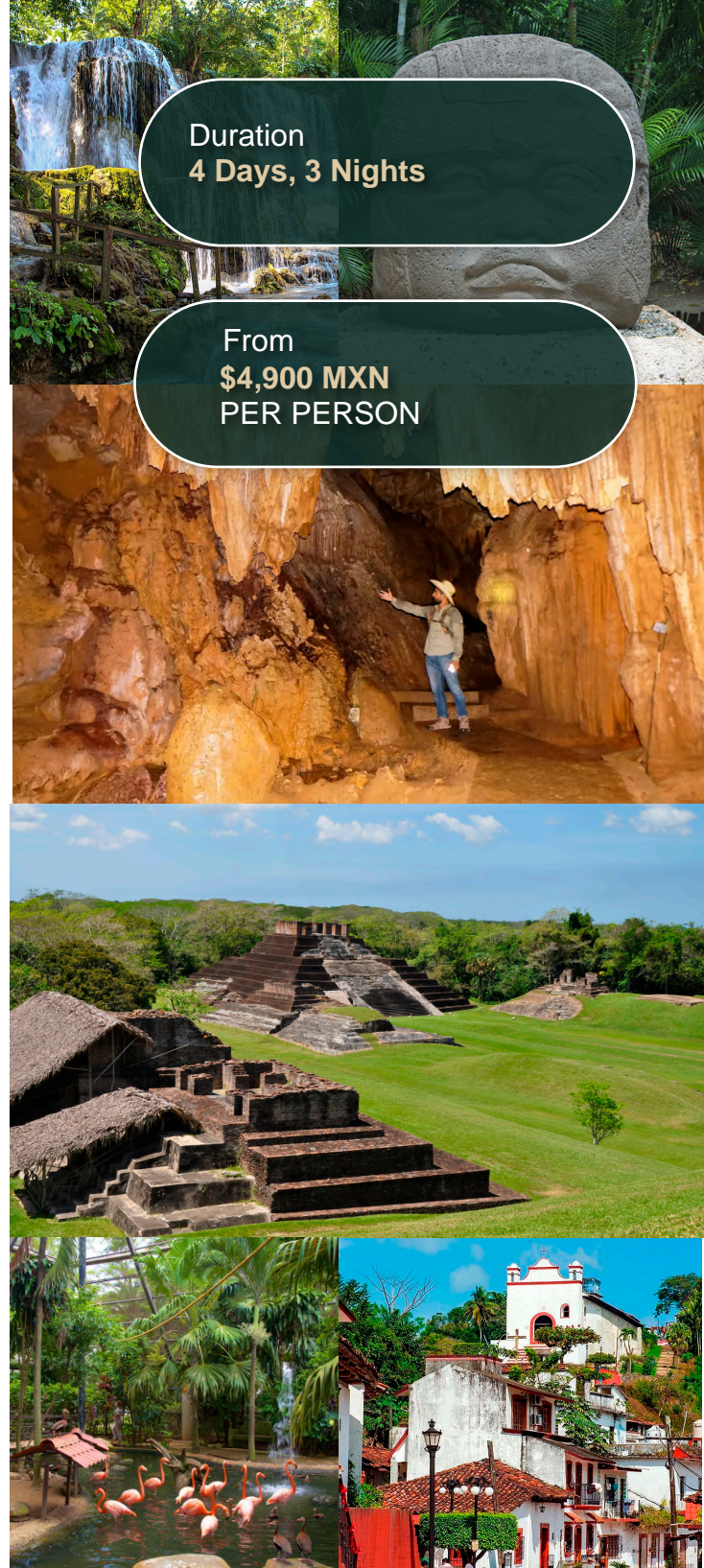
**Due date:** October 31, 2023

**You can travel 3 tourist routes: :**

- From Cocoa to Chocolate Route.
- Adventure Route in the Sierra.
- Villahermosa Route.

**Place:** Comalcalco. Teapa, Tacotalpa, Villahermosa City

**Activities:** Hiking, Rappelling, Water Activities.



Duration  
**4 Days, 3 Nights**

From  
**\$4,900 MXN  
PER PERSON**



Operated by Agencia de viajes RT Díaz  
Maru Díaz  
+52 993 279 1783, 551 804 5466  
Facebook: Agencia de Viajes Diaz

Duration  
4 Days, 3 Nights

# CAMP IN JUNGLE WATER

## The new destination of canyoning in Mexico

### Includes:

- Transfer hotel - airport - hotel.
- 2 nights lodging in Villahermosa.
- 1 night in camp in AguaSelva.
- 2 breakfasts, 1 box lunch, 2 meals and a campfire dinner.
- Ascent to Cerro de la Pava.
- Specialized guide Nom 09 Avax Tourism.
- Rappel in cascade of 35 meters.
- Entrance to the Malpasito Archaeological Zone.
- AguaSelva Ecopark.
- "La Venta" Museum and Center for Interpretation and Coexistence with Nature A.N.P. Yumka.
- Adventure tourism assistance insurance.



**Place:** Villahermosa, AguaSelva, Huimanguillo.



**Activities:** Hiking, Rappelling, Camping.



# CITY TOUR VILLAHERMOSA

Enjoy a tour of the jungle within the city, in the Parque Museo La Venta. You will get to know original pieces of the Olmec culture up close, as well as flora and fauna of the region. In the Yumká we will get on a wagon where we will visit the African savannah and Asian savannah, arriving aviary and mini aviary. You will see the most emblematic buildings and monuments of the City in a panoramic tour and at the end, we will take you to eat at a typical restaurant from the city. Daily departures at 08:00 am. Minimum 2 adult passengers..

## Itinerary:

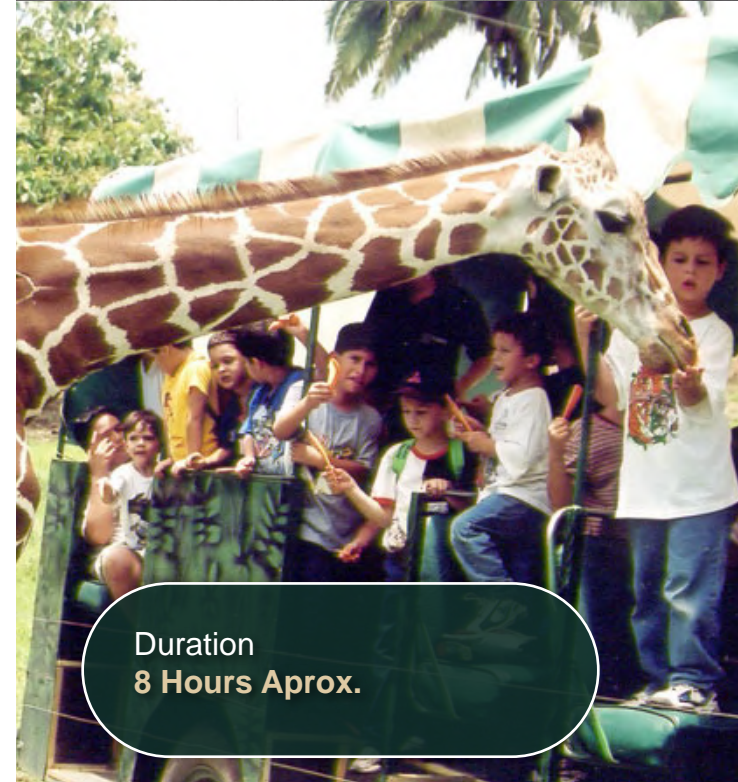
- Visit La Venta Museum Park.
- Visit to ANP Yumká.
- Panoramic City Tour.
- Time to eat in Villahermosa. (Food and Drinks not included).

## Includes:

- Round transportation leaving from Villahermosa, Tab. with insurance transport.
- Local guide in Spanish.
- Tour driver in Spanish.
- Tickets to tourist places according to itinerary.

## Villahermosa Route

**Operated by** Viajes Camgo  
Karla Campos  
Tel.. +52 993 268 5510, Móvil 993 117 8665  
Facebook: viajes camgo  
Instagram: viajes camgo  
viajescamgo.com



Duration  
8 Hours Aprox.



**Place:** Villahermosa.

**Activities:** Cultural, Recreative.



## Biji Yokot'an Route

**Operated by** Viajes Camgo  
Karla Campos

Tel.. +52 993 268 5510, Móvil 993 117 8665

Facebook: viajes camgo

Instagram: viajes camgo

viajescamgo.com

# BIJI YOKOT"AN ROUTE

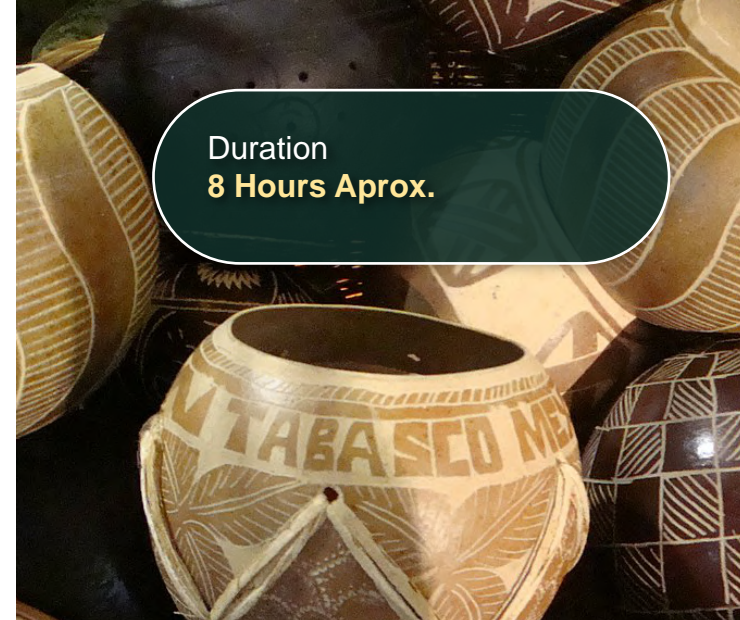
On this route, we will visit the Church and Sanctuary of La Asunción, better known as the Church of Cupilco, a Catholic temple built at the end of the 18th century. Its striking polychromy has made it one of the most famous in the state. It is considered Cultural Heritage of Tabasco. We will taste the traditional butifarras, part of the Tabasco gastronomy; you will have the opportunity to visit an active workshop of typical crafts of the state; get to know some of the freshwater chelonian species of Tabasco. To end this tour, we will take you to a restaurant in the area, where you can eat the pejelagarto or shellfish from the region.

### Itinerary:

- Visit to the Church of Cupilco.
- Sausage tasting in Jalpa de Méndez.
- Visit to a craft workshop in Tapotzingo, Nacajuca.
- Visit to a turtle farm, in Nacajuca.
- Time to eat in Nacajuca (Food and Drinks not included).

### Includes:

- Round transportation leaving from Villahermosa, Tab. with insurance transport.
- Local guide in Spanish.
- Tour driver in Spanish.
- Tickets to tourist places according to itinerary. Daily departures at 8:00 a.m.
- Duration: 8 hours Approx.
- Minimum 2 adult passengers.



Duration  
**8 Hours Aprox.**



**Place:** Villahermosa.

**Activities:** Gastronomy, Cultural.



## From Cocoa to Chocolate Route

**Operado by** Viajes Camgo  
Karla Campos

Tel.. +52 993 268 5510, Móvil 993 117 8665

Facebook: viajes camgo

Instagram: viajes camgo

viajescamgo.com

# FROM CACAO TO CHOCOLATE TOUR

One of the most delicious routes in Tabasco. It is located in the Chontalpa region, in this tour you will see handicrafts made with palm, wicker, embroidered strips, bags, hats, etc., you will have the opportunity to taste the delicious pulp of the cob of cocoa or a delicious chocolate in any of its presentations, know a Mayan city built with clay bricks, admire the original pieces that were found in the place, refresh yourself with a delicious pozol or a cocoa mucilage ice cream or eat in a typical and traditional Chontal cuisine where food is prepared on a stove and in clay pots. Daily departures at 08:00 am. Minimum 2 adult passengers.

### Itinerary:

- Visit Church of Cupilco.
- Comalcalco Archaeological Zone.
- Cocoa Farm and Chocolate Factory.
- Time to eat in Comalcalco (Food and Drinks not included).

### Includes:

- Round transportation leaving from Villahermosa, Tab. with insurance transport.
- Local guide in Spanish.
- Tour driver in Spanish / Tickets to tourist places according to itinerary.



Duration  
8 Hours Aprox.



**Place:** Comalcalco.



**Activities:** Gastronomy, Ecotourism



## From Cocoa to Chocolate Route

**Operated by** Viajes Camgo  
Karla Campos

Tel.. +52 993 268 5510, Móvil 993 117 8665

Facebook: viajes camgo

Instagram: viajes camgo

viajescamgo.com

# COCOA TOUR AND MORE

On this tour you will be able to see the church of the Lady of the Assumption, patron Tabasco in Cupilco, Comalcalco. Live the process of making artisanal and industrial chocolate from the plantation to the final product. Relax on the boat ride during our visit to the Crab Sanctuary Blue. At the end of our tour, we will visit a typical and traditional place to our lunch, at the end we will return to the city of Villahermosa. Daily departures at 08:00 am. Minimum 2 adult passengers.

### Itinerary:

- Visit Church of Cupilco.
- Comalcalco Archaeological Zone.
- Cocoa Farm and Chocolate Factory.
- Visit to the sanctuary of the blue crab.
- Time to eat in Comalcalco (Food and Drinks not included).

### Includes:

- - Round transportation leaving from Villahermosa, Tab. With transport insurance.
- - Local guide in Spanish.
- - Tour driver in Spanish.
- - Tickets to tourist places according to itinerary.



Duration  
8 Hours Aprox.



**Place:** Comalcalco.



**Activities:** Gastronomy, Ecotourism



## Swamp Route



Operated by Viajes Camgo  
Karla Campos

Tel.. +52 993 268 5510, Móvil 993 117 8665

Facebook: viajes camgo

Instagram: viajes camgo

viajescamgo.com

Duration  
6 Hours Aprox.

# CENTLA SWAMPS TOUR

In this tour you will be in contact with nature, you will be able to observe crocodiles and turtles in their natural habitat, seasonal birds and observe other local species. You will live the experience of sailing on the majestic Grijalva river, see the union of three rivers, the Usumacinta, San Pedrito and Grijalva from a 20-meter viewpoint. At the end of our tour, you can have your lunch on the spot and try the roasted pejelagarto or a delicious fried mojarra, delicious empanadas of shrimp and seasonal fruit water. Departures Saturday and Sunday at 09:00 am. Minimum 6 adult passengers. Adventure activities not included.

### Itinerary:

- Visit to the caves of Coconá.
- Visit to the Villa Luz Waterfalls.
- Visit to the Magic Town of Tapijulapa.
- Time to eat in the town (Food and Drinks not included).

### Includes:

- Round transportation leaving from Villahermosa, Tab. with insurance transport.
- Local guide in Spanish.
- Tour driver in Spanish.
- Tickets to tourist places according to itinerary.



Lugar: Centla, Tabasco.



Actividades: Gastronomy, Ecotourism



## Adventure in the mountains Route



**Operated by** Viajes Camgo  
Karla Campos

Tel.. +52 993 268 5510, Móvil 993 117 8665

Facebook: viajes camgo

Instagram: viajes camgo

viajescamgo.com

# ADVENTURE IN THE MOUNTAINS

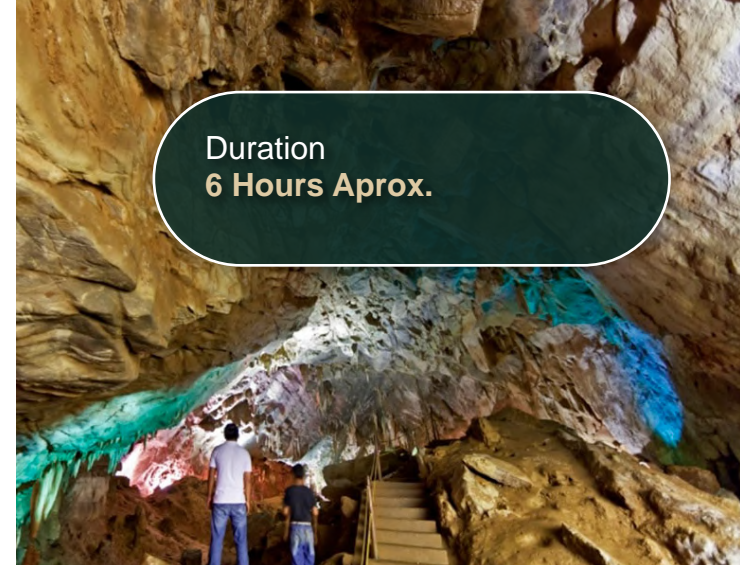
Feel nature on this route, live the adventure in the caves of Coconá and in the fresh and sulphurous waters of the waterfalls of Villa Luz. Do activities such as zip line or rappel; admire the beauty of the Magical Town of Tapijulapa and its crafts made with mutuzay wicker. Try the delicious pishul and pork or beef mone accompanied by seasonal fruit water. Daily departures at 09:00 am. Minimum 2 adult passengers.

### Itinerary:

- Boat ride.
- Visit to the Uytotot-ja Water House.
- Visit to the Mangrove Area.
- Time to eat at the restaurant La Flor del Pantano (Food and Drinks not included).

### Includes:

- Round transportation leaving from Villahermosa, Tab. with insurance transport.
- Local guide in Spanish.
- Tour driver in Spanish.
- Tickets to tourist places according to itinerary.



Duration  
6 Hours Aprox.



**Place:** Tacotalpa, Tapijulapa.



**Activities:** Gastronomy, ecotourism, hiking



## Adventure in the mountains Route



**Operated by** Viajes Camgo  
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# ZOQUE BIKE TOUR

We moved to the municipality of Tacotalpa Tabasco to the Oxolotán Village, where an adventure on wheels awaits us; on mountain bike we are going to discover every corner of this incredible place, surrounded by vegetation and the beautiful mountain range. We will take a raft tour on the Oxolotán River. Don't let the opportunity to capture impressive landscapes of huge rocks and the river of the Sierra.

Daily departures at 07:00 am. Minimum 2 adult passengers.

### Itinerary:

- Raft tour on the Oxolotán river.
- Bike Tour.
- Time to eat (Food and Drinks Included).

### Includes:

Round transportation leaving from Villahermosa, Tab. with insurance transport.  
Local guide in Spanish.  
Tour driver in Spanish.  
Tickets to tourist places according to itinerary.  
Equipment for activities.  
Food and drinks included. (Restrictions apply).



Duration  
**8 Hours Aprox.**



**Lugar:** Tacotalpa Tabasco.



**Actividades:** Gastronomy, ecotourism



## Olmeca- Zoque Route



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# OLMECA ROUTE

La Venta was the first pre-Hispanic city that had a trace planned architecture in ancient Mexico, and all of Middle America. His monumental earthen architecture, its great sculptural heritage and its offerings of jade, make it a unique place. In this pre-Hispanic city is the oldest pyramid in Mesoamerica.

Daily departures at 08:00 am. Minimum 2 adult passengers.

### Itinerary:

- Visit to the Archaeological Site of La Venta Huimanguillo.
- Visit La Venta Museum Park.
- Time to eat in Villahermosa. (Food and Drinks not included).

### Includes:

- Round transportation leaving from Villahermosa, Tab. with insurance transport.
- Local guide in Spanish.
- Tour driver in Spanish.
- Tickets to tourist places according to itinerary.

Duration  
**8 Horas Aprox.**



**Lugar:** Huimanguillo, Villahermosa.



**Actividades:** Ecoturism, Cultural



## Villahermosa Route

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# MARKET IN VILLAHERMOSA

In this tour we will take you to see the most popular supply center and important of Villahermosa Tabasco, the Public Market “José María Pino Suarez”, where the population goes to buy all the products that are harvested and processed in the state such as: fruits and vegetables; legumes, bread, seafood, clothing, new corn tortillas, tamales, pozol and handicrafts. You will have the opportunity to taste some Tabasco products. If you want to know the essence of a town, visit its popular market, and the José María Pino Suárez Public Market. It is the center of supply more important of Villahermosa and where you will find everything in Tabasco. Here, you will have the opportunity to taste our gastronomy.

Daily departures at 09:00 am. And 12:00 p.m. Minimum 2 adult passengers.

### Itinerary:

- Visit to the New Market José María Pino Suarez
- Time to eat in Villahermosa. (Food and Drinks not included).

### Includes:

- Round transportation leaving from Villahermosa, Tab. with insurance transport.
- Local guide in Spanish.
- Tour driver in Spanish.
- Tickets to tourist places according to itinerary.
- Tasting of Tabasco Products.



Duration  
2 Hours Aprox.



**Lugar:** Villahermosa.



**Actividades:** Gastronomy and craft



## Villahermosa Route

Operated by Tabasco Travel  
Jorge Ruíz  
Tel. + 52 993 319 0800

# EXPLORE TABASCO

In this tour you will be in contact with nature, you will be able to observe crocodiles and turtles in their natural habitat, seasonal birds and the fauna of the place. You will live the experience of sailing on the majestic Grijalva river, see the union of three rivers, the Usumacinta, San Pedrito and Grijalva from a viewpoint of 20 meters.

Feel nature on this route, live the adventure of the Coconá Caves and in the fresh and sulphurous waters of the waterfalls of Villa Luz where you can zip line and/or rappel, admire the beauty of the Magical Town of Tapijulapa and their handicrafts made from wicker. Try the delicious pishul and the mone de pork or beef accompanied by seasonal water.

Daily departures at 09:00 am. And 12:00 p.m. Minimum 2 adult passengers.

### Includes:

- 5 nights of lodging CAT 4.
- American type breakfast.
- Transfers.
- Tickets.

### Not Included:

- Air, or any specified service.

Valid until: December 31, 2023



Duration  
**6 Days, 5 Nights**

From  
**\$14,400 MXN**  
Per person in double room



**Place:** Villahermosa, Ruta Ríos, Tapijulapa



**Activities:** Gastronomy, Crafts, Rappel,



Villahermosa Route 

Operated by Tabasco Travel  
Jorge Ruíz  
Tel. + 52 993 319 0800

Duration  
3 Days, 2 Nights

From  
**\$3,350 MXN**  
Per person in double Room

## FROM COCOA TO CHOCOLATE

One of the most delicious routes in Tabasco, is found in the region of the Chontalpa, in this tour you can see handicrafts made with palm, wicker, embroidered strips, bags, hats, etc., you will have the opportunity to taste the delicious pulp of the cocoa pod or a delicious chocolate in any of their presentations, get to know a Mayan city made with clay bricks, admire the original images that were found in the place, refresh yourself with a delicious pozol or a mucilage ice cream from cocoa and eat in a typical and traditional Chontal kitchen where food is they make in a stove and clay pots.

### Includes:

- 4 nights of lodging CAT 4.
- American type breakfast.
- Transfers.
- Tickets.

### No Included:

- Air, or any specified service.

Valid until: December 31, 2023



**Place:** Ruta del cacao al chocolate



**Activities:** Gastronomy, Crafts, Cultural Tours



## Villahermosa Route

Operated by Tabasco Travel  
Jorge Ruíz  
Tel. + 52 993 319 0800

# CLASIC TABASCO

This tour of our capital Villahermosa, we will take you to enjoy the Cathedral of the Lord of Tabasco, La Conchita church, Tomás Park Garrido, the Government Palace, the José María Pino Suárez public market with delicious gastronomy of Tabasco, where you will have the opportunity to taste their products.

Feel the nature in this route. Live the adventure in the Coconá Caves and in the fresh and sulphurous waters of the waterfalls of Villa Luz where you can perform zip line or rappel. Admire the beauty of the Magic Town of Tapijulapa and their crafts made of natural wicker. Try the delicious pishuly Pork or beef mone accompanied by seasonal water.

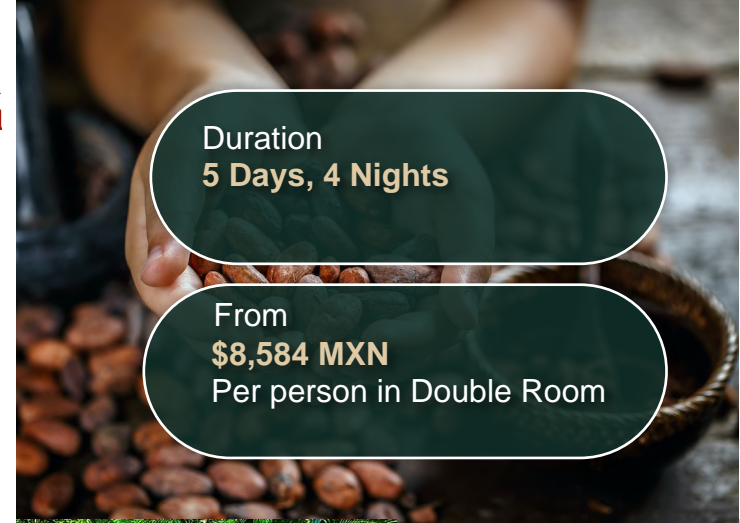
### Includes:

- 2 nights of lodging CAT 4.
- American type breakfast.
- Transfers.
- Tickets

### Not Included:

- Air, or any specified service.

Valid until: December 31, 2023



Duration  
**5 Days, 4 Nights**

From  
**\$8,584 MXN**  
Per person in Double Room



**Place:** From Cocoa to Chocolate Route



**Activities:** Gastronomy, Crafts, Cultural Tours



River Route 

Operated by Tabasco Travel  
Jorge Ruíz  
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# MAYAN RIVERS TABASCO

In this tour you can see the Z.A. of Moral Reform, important Mayan city. This site had a long occupation in 300 B.C. to the 1,000 AD initially as a village settlement that gradually gained regional importance as a center that controlled traffic over the cause of the San Pedro Mártir river, through which the communication and exchange of goods between the Mayan peoples of Petén Guatemala and those settled on the shores of the Gulf of Mexico. Continuing our tour by boat for an interpretive journey sailing inside the Usumacinta Canyon, in Tenosique. A memorable experience!

## Includes:

- 3 nights of lodging CAT 4.
- 1 night lodging in Tenosique CAT 2.
- American type breakfast.
- Transfers.
- Tickets.

## Not Included:

- Airfare, or any specified service.

Valid until: December 31, 2023



Duration  
**5 Days, 4 Nights**

From  
**\$9,350 MXN**  
Per person in double room



**Place:** Mayan RiversRoute



**Activities:** Gastronomy, crafts, cultural tours



## Villahermosa Route

Operated by Tabasco Travel  
Jorge Ruíz  
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# TRADITIONAL TABASCO

In this tour of our capital Villahermosa, we take you to enjoy a beautiful panoramic view of the main monuments and buildings such as the Cathedral of the Lord of Tabasco, the church of La Conchita, Tomás Garrido Park, Government Palace, among others. We will enjoy a refreshing typical drink to cool off while we tour the historical center, and we will visit the famous Pino Suárez Market with delicious gastronomy of Tabasco, where you will have the opportunity to taste their products.

### Includes:

- 3 nights of lodging CAT 4.
- American type breakfast.
- Transfers.
- Tickets.

### Not Includes:

- Airfare, or any specified service

Valid until: December 31, 2023



Duration  
**4 Days, 3 Nights**

From  
**\$7,100 MXN**  
Per person in double room



**Place:** Mayan River Route



**Activities:** Gastronomy, Crafts,  
Cultural Tours



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Instagram: graceviajesyeventos

## KNOWING TABASCO

### Known:

- Comalcalco Archaeological Zone and Site Museum.
- Cocoa Farm.
- Coconá and Oxolotán Caves.
- Magic Town of Tapijulapa.
- Pantanos de Centla Biosphere Reserve.
- House of Water Oyotot Ja.
- Chambor Beach.
- Palenque Archaeological Zone.
- Misol-Há waterfalls.
- Roberto Barrios Waterfalls.
- ANP Yumka.
- Tomás Garrido Park and La Venta Museum Park.

### Includes:

- Lunch in restaurant &quot;Cocina Chontal or Similar&quot;;
- Panoramic city tour with the villabus &quot;Villahermosa&quot;.
- Transfers.
- Group coordinator in Spanish.
- Tickets.
- Centla swamps boat tour.
- Local guides in archaeological zones.
- Zona Luz pedestrian city tour and popular festival.
- A regional snack per day and a 500 ml water per day..



**Place:** Mayan River Route



**Activities:** Hike, hiking, swimming, boat ride, gastronomy



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## VILLAHERMOSA TO COCOA

### Known:

- Comalcalco Archaeological Zone and Archaeological Site Museum.
- Cocoa Farm.
- Historic Center of Villahermosa &quot;Zona Luz&quot;.
- Tomás Garrido Canabal Park.
- La &quot;Venta&quot; Museum Park.
- ANP Yumka.

### Includes:

- &quot;Zona Luz Pedestrian City Tour&quot; tour.
- Guided visit to Tomás Garrido Canabal Park (surprise activity).
- Chocolate and beer tasting with dinner at the hotel.
- Lunch in restaurant &quot;Cocina Chontal&quot; or similar.
- Group coordinator in Spanish.
- Transfers.
- Tickets.
- Panoramic city tour with the villabus &quot;Villahermosa&quot;.
- Tour and guided visit in the La Venta Museum park.
- Canteen tours.
- One regional snack per day and 500 ml of water per day.



**Place:** Villahermosa, Comalcalcalco



**Activities:** Hike, hiking, regional food, tastings



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## ADVENTURE TOUR IN AGUASELVA

We begin our journey to the Archaeological Zone of Malpasito, Sitio Archaeological and Ceremonial Center of the Maya-Zoque culture important place from the Valley of Flowers, where you will have the opportunity to see the waterfall &quot;Zoque&quot; located just behind the archaeological zone less than 10 minutes walking. With an approximate height of 15 meters. If you are adventurous you will have the option of rappelling and taking a refreshing bath in pools natural. When leaving the area, we will move to the AguaSelva Eco Park, located less than one kilometer away, with an area of 35 hectares where they can enjoy flora and fauna.

**Season:** All year.

**Availability:** Daily.

**Departure time:** 07:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 2 adults.

**Tour language:** Spanish.

Duration  
**10 Hours**



**Place:** Huimanguillo



**Activities:** Hike, hiking, Abseiling



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## ADVENTURE IN THE MOUNTAINS TOUR

We begin the tour with the observation of extensive banana plantations the green gold of Tabasco. Our first stop is in the municipality of Teapa, in the Coconá Caves, where we will find images that have been formed through millions of years. On the outskirts of the Grottoes you can perform Adventure activities such as zip line or rappelling (activities not included). Continuing with the tour where you will enjoy the beauty of the flora and fauna of the region; the second stop will be in the beautiful, refreshing and sulphurous Villa Luz waterfalls in the municipality of Tacotalpa, Tabasco. With a height of 20 meters, where you can take a relaxing bath.

**Season:** All year.

**Availability:** Daily.

**Departure time:** 08:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 2 adults.

**Tour language:** Spanish.

Duration  
8 Hours



**Place:** Teapa



**Activities:** Hike, hiking, Abseiling



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## BIJI YOKOT'AN TOUR

We begin our journey to the municipality of Nacajuca, on Radio Yokot'an, we will visit the radio booth where the La Voz Yokot'an program is carried out, program where the indigenous "Chontales" are noted. We will also have the opportunity to visit the first house of the President Lic. Andrés Manuel Lopez Obrador.

The second stop will be at the Casa Taller Artesanal Madre Muriel, where they make pottery pieces such as tableware, tequila shakers, vases, lamps, among others and that are made by the hands of local artisans. We will visit the parish of San Antonio de Padua, built in 1965 in Nacajuca that due to its vernacular architecture is much visited.

**Departure time:** 08:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 3 adults.

**Tour language:** Spanish.

Duration  
8 Hours



**Place:** Nacajuca, Jalpa de Méndez



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# CITY TOUR EXPRESS

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## VILLAHERMOSA

This express tour of Villahermosa will allow you to enjoy a beautiful panoramic view of the main monuments and historical buildings such as: The Cathedral of the Lord of Tabasco, the Church of La Conchita, Parque Tomás Garrido Canabal, Municipal Palace, Government Palace, among others.

**Season:** All year.

**Availability:** Daily.

**Departure time:** 10:00 a.m. and 3:00 p.m.

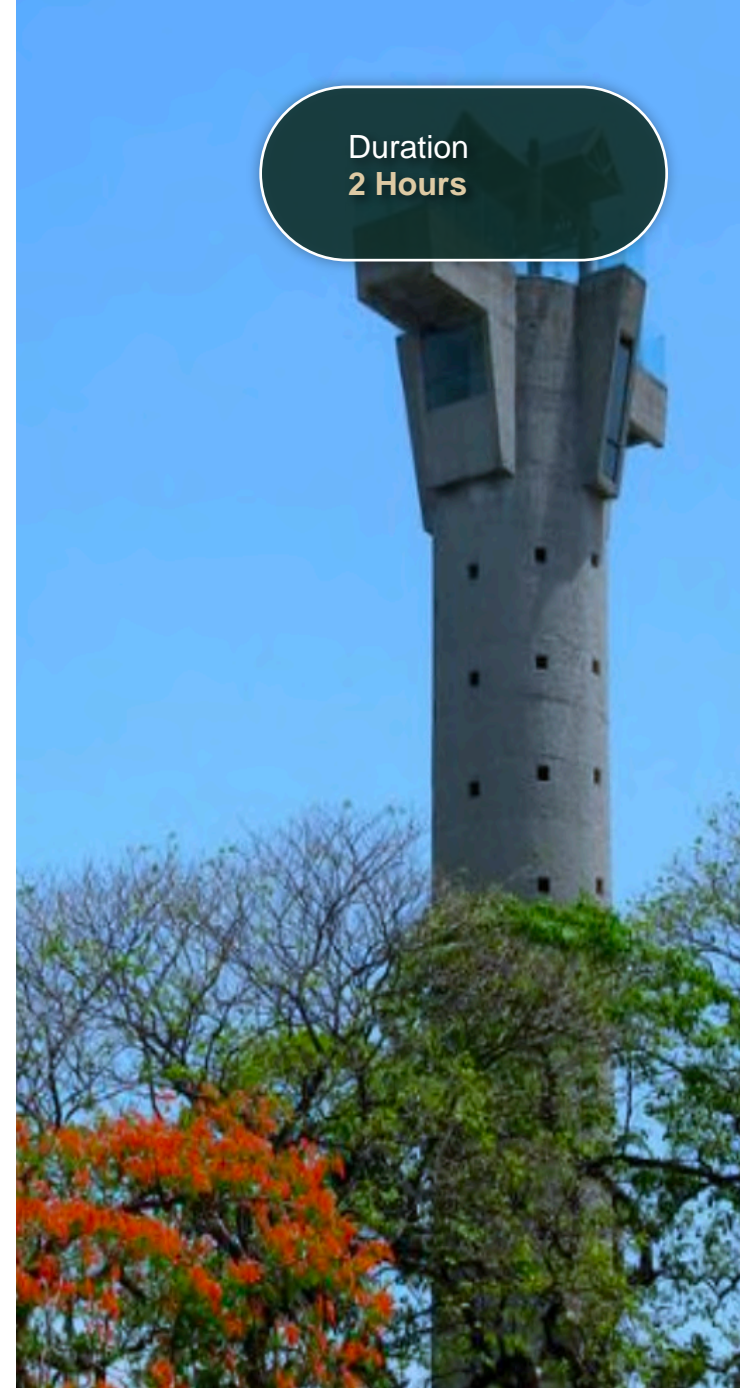
**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 6 adults.

**Tour language:** Spanish.

Duration  
**2 Hours**



**Place:** Villahermosa



**Activities:** Tourist Tour



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# FROM COCOA TO CHOCOLATE TOUR

We begin our tour, visiting Mazateupa Nacajuca, where they are made handicrafts with petate, wicker, water lily and joloche, by local artisans. We will visit the Church of Cupilco, a Catholic Temple that houses the image of the Virgin of the Assumption. We continue our tour to the Comalcalco Archaeological Zone and the site museum, the only Mayan city in Mesoamerica built with bricks of baked clay. You will have the opportunity to admire the vegetation inside this beautiful place.

**Season:** All year.

**Availability:** Daily.

**Departure time:** 8:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 2 adults.

**Tour language:** Spanish.



**Place:** Comalcalco



**Activities:** Tourist Tour,  
Ecotourism



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## PORO CHEESE TOUR

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This tour takes place in the Mayan River region, departing from Villahermosa to the municipality of Balancán, place where you will have the opportunity to know the leek cheese process, endemic to the region that is characterized for being acidity, great flavor and for being covered with wax as a method of preservation. We will visit the Z.A. of Mural Reforma, Mayan site, belonging to the group of cities of the Usumacinta basin: Pomoná, San Claudio, Bonampok and Yaxchilan.

**Season:** All year.

**Availability:** Daily.

**Departure time:** 7:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 2 adults.

**Tour language:** Spanish.

Duration  
**10 Hours**



**Place:** Balancan



**Actividades:** Gastronomy, tour in archaeological zones



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## MARKET IN VILLAHERMOSA TOUR

In this tour we will take you to see the most popular supply center and in Tabasco, the José María Pino Suárez Public Market, a place where the population goes to buy all the products that are harvested and elaborated in the state as: fruits and vegetables; legumes, bread, seafood, clothing, tortillas new corn, tamales, pozol and handicrafts. It will be a day of different smells and flavors, we will tell you a brief review of the first markets that existed in the city, it will be incredible to remember the, yesterdays. To get to know all this more closely, we will walk through the corridors of the property and our first stop will be at the local natural products, where we will find handmade soaps based on honey, honey with lavender and honey with calendula, pickled chilies, as well as a wide variety of cheeses from the region.

**Season:** All year.

**Availability:** Wednesday to Sunday.

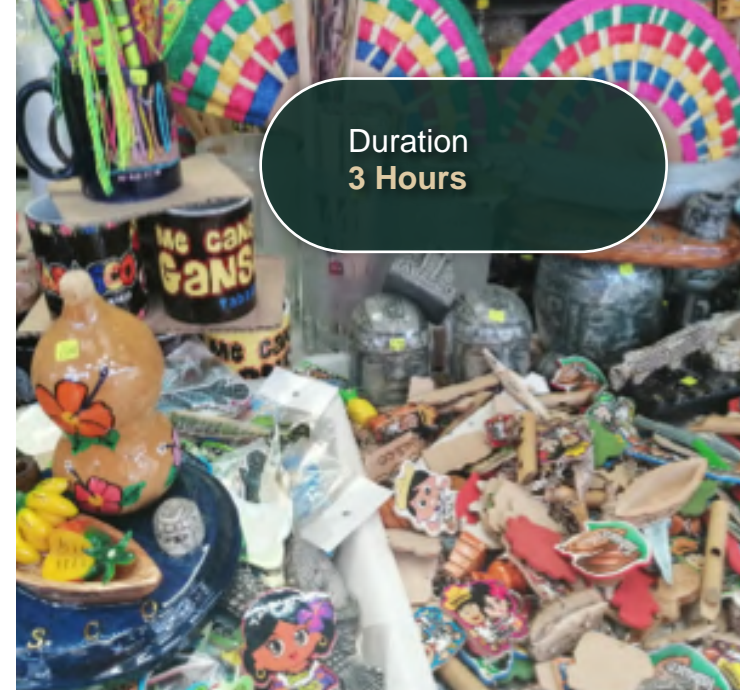
**Departure time:** 9:00 a.m. and 12:00 p.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 2 adults.

**Tour language:** Spanish.



Duration  
3 Hours



**Place:** Villahermosa



**Activities:** Gastronomy, Tourist Tour



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## OLMECA TOUR

Departure to the city of La Venta in the municipality of Huimanguillo, Tabasco. We will travel for 1 hour and 30 minutes, approximately, until we reach the Archaeological Zone of the ancient Olmec capital. The importance of this space lies in its antiquity (1200-400 BC). His complex social organization, its monumental earthen architecture; his trace planned architecture; its numerous and impressive sculptural collection of stone and its considerable jade offerings. The Sale is considered as a of the first cities of ancient Mexico, where patterns were consolidated cultures that left their mark on other regions of Middle America and influenced later civilizations.

**Season:** All year.

**Availability:** Tuesday to Sunday

**Departure time:** 7:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 2 adults.

**Tour language:** Spanish.

Duration  
**10 Hours**



**Place:** Huimanguillo



**Actividades:** Gastronomy, Tourist tour



**Operated by** Grace Viajes y Eventos  
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## CENTLA SWAMPS TOUR

---

This wonderful tour will take you to Centla, a municipality in the state of Tabasco, where is the most important wetland of the American Continent: The Pantanos de Centla Biosphere Reserve where there's a great variety of seasonal birds and vast vegetation. In a 1hr. 30 min., you will observe flora and fauna, they will be able to carry out or just enjoy the breeze while admiring our mighty rivers: Grijalva, Usumacinta and San Pedro.

**Season:** All year.

**Availability:** Saturday and Sunday

**Departure time:** 9:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 6 adults.

**Tour language:** Spanish.



Duration  
**6 Hours**



**Place:** Centla



**Activities:** Gastronomy, tour in boat



**Operated by** Grace Viajes y Eventos  
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## ZOQUE CROSSING TOUR BY BIKE

---

We moved to the municipality of Tacotalpa, Tabasco, to the Oxolotán Village, where the adventure on wheels awaits us, on a mountain bike we are going to discover every corner of this beautiful place, surrounded by vegetation and beautiful hills. We will meet our guide to go for a tour of 4 km crossing valleys and hills until reaching the river where the ancient Dominicans sailed to reach the royal city, today known as San Cristóbal de las Casas in the neighboring state of Chiapas, we will make a rafting trip on the Oxolotán river. Don't miss the opportunity to capture beautiful landscapes with huge rocks and the river of the Sierra.

**Season:** All year.

**Availability:** Daily

**Departure time:** 7:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 3 adults.

**Tour language:** Spanish

Duration  
**8 Hours**



**Place:** Tacotalpa



**Activities:** Cycling



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## VILLAHERMOSA TOUR

This tour will allow you to discover and enjoy the extraordinary riches of Tabasco, as well as its impressive nature. Starting the tour with a visit to the historic Parque Museo La Venta, a place that houses pieces of the Olmec culture on a nature trail.

Our second stop is the Yumká Ecological Park, the word Yumka. It means in Mayan 'goblin who takes care of the jungle and animals. The Chontales They firmly believed in the existence of a character who took care of the plants and the animals, which they called Yumká. In this beautiful park you will see a great variety of flora and fauna, not only from the region but also from different countries, you will also be able to admire the orchidarium.

**Season:** All year.

**Availability:** Daily

**Departure time:** 8:00 a.m.

**Departure point:** Hotel in Villahermosa, Tab.

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 2 adults.

**Tour language:** Spanish.

Duration  
6 Hours



**Place:** Villahermosa



**Activities:** Villahermosa Tour



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## COCOA TOUR AND MORE

We begin our tour visiting the Church of Cupilco, Templo Catholic that houses the image of the Virgin of the Assumption, (Patroness of the state of Tabasco) was built at the end of the 18th century, itself, solemnly crowned by Pope John Paul II, when he visited Tabasco on May 11, 1990. Continuing with our tour we will go to a Hacienda Chocolatier, where we will see how chocolate is prepared in a Artisanal and other derivatives of cocoa, from plantations until it is they process their seeds obtaining powder, butter, paste and cocoa. In addition, you can find delicious chocolates ready to taste..

**Season:** All year.

**Availability:** Daily.

**Departure time:** 8:00 a.m.

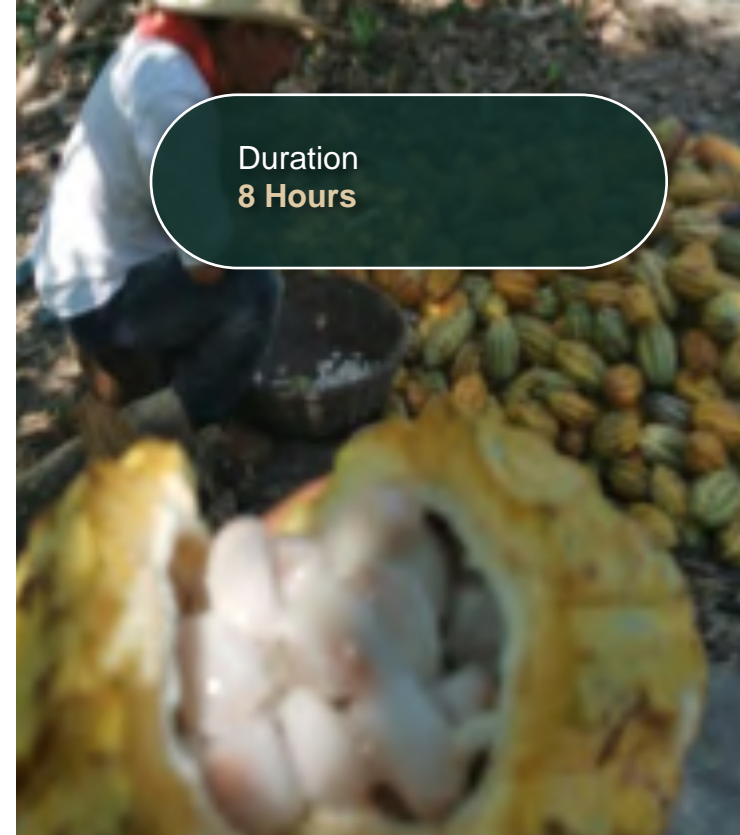
**Departure point:** Hotel in Villahermosa, Tab

**Modality:** Shared or Private Service.

**No. of pax minimum departure:** 2 adults.

**Tour language:** Spanish.

Duration  
8 Hours



**Place:** Villahermosa, Comalcalco



**Activities:** Hike, Agrotourism, regional food



**TABASCO**

**TURISMO**  
SECRETARÍA DE TURISMO



**PROMOTUR**  
OMD • TABASCO



Oficina de Convenciones  
y Visitantes de Tabasco